



Upland News

CONTINUOUS SERVICE SINCE 1894

90th Year, No. 17

Thursday, June 6, 1985



Off to school —
guide dog
school

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A day in the life
of a teenager

Page 14



Arrow Meat Company



Did Arrow Meat Company get

A RAW DEAL?

Six months after the U.S. Department of Agriculture cited Fred Rosas' Arrow Meat Co. for facility and sanitary condition problems, the mere mention of the citation still brings a quick reaction from the Upland businessman.

Business hasn't noticeably dropped off, but Rosas said he has gotten numerous phone calls about the problems.

He's quick to say any meat from the Upland facility is as good, if not better than, any a person can get in the area.

Rosas' business was cited, along with 13 other Southern California packing plants, earlier this year by the U.S. Department of Agriculture.

Rosas said the report included notes about finding mouse droppings in the back storage area where meat is not kept; the need to replace old equipment; the need for a remodeled truck driveway where the meat is delivered; and the removal of an outdoor ice machine.

All of the conditions still exist at the business.

"I protect myself because I have been in this business for 30 years and I know what is good for it and what I need. This business doesn't deserve the problem," Rosas said.

He bought the Arrow Route business about a year ago, only after federal inspectors assured him the plant passed all necessary requirements, he said.

In addition to the business purchase price, Rosas said he has spent about \$70,000 for repairs during the past year.

He said he has made all the repairs he can although he admits more remodeling does need to be done. All the repairs are needed on the building and none affect the sale of meats, he said.

Dr. W.L. Carter is the project leader for the USDA January plant inspection crackdown. Carter said he couldn't give any specifics about the reasons for citations at the Upland plant or 13 others in Southern California.

Carter refused to provide any exact information about problems at the Rosas plant.

Carter said the public should not have any concerns about eating meat or poultry packed in Southern California.

But to Rosas, the damage has been done. Recent media coverage has given his business and the industry a bad name, he said.

He says that some packing plants

may deserve the citations but he steadfastly stands by his business.

Steve Bjerkie, director of communications for Western States Meat Association, agrees.

Bjerkie said the association, with about 250 members, tries to police its own because a "bad meat plant reflects badly on the meat industry."

The January inspection caught Rosas by surprise. An inspector cited him, saying the aging building needed renovations, he said.

"What I have against the citation is that I wouldn't have bought the business if the federal inspector didn't approve it," he said.

Sanitary conditions were not a part of the problem detailed in the USDA report, the Upland businessman said.

Rosas said his employees wash equipment and every aspect of his packing operation. He said he knows the building needs remodeling but he doesn't have the money right now.

The Arrow Meat Co. is a combination retail-wholesale operation. The front room in the building is used for the sale of meat to individual customers.

Another portion of the building is used for the wholesale operation, which involves the bulk of the business. The rest is used for storage.

The owner said he doesn't understand why conditions that apparently had the approval of a federal inspector once, now don't.

"I want to do a lot of things with this business when I have the money. People are not in danger of eating this meat," he said. "We protect ourselves. We have to be clean and fresh."

A federal inspector checks the business twice each day, in the morning and evening. Checklists are left with Rosas each morning and he is expected to have the problems corrected.

Rosas is proud of his business and is quick to welcome tours.

The packing plant doesn't involve the slaughtering of animals. Employees bone and skin meat, preparing it for sale.

In a business where cleanliness is important, Rosas agrees about the need for sanitary conditions.

His only complaint appears to be the difference between county health department and state requirements and those of the federal government.

Rosas said state and local restrictions don't require inspections of plant buildings.

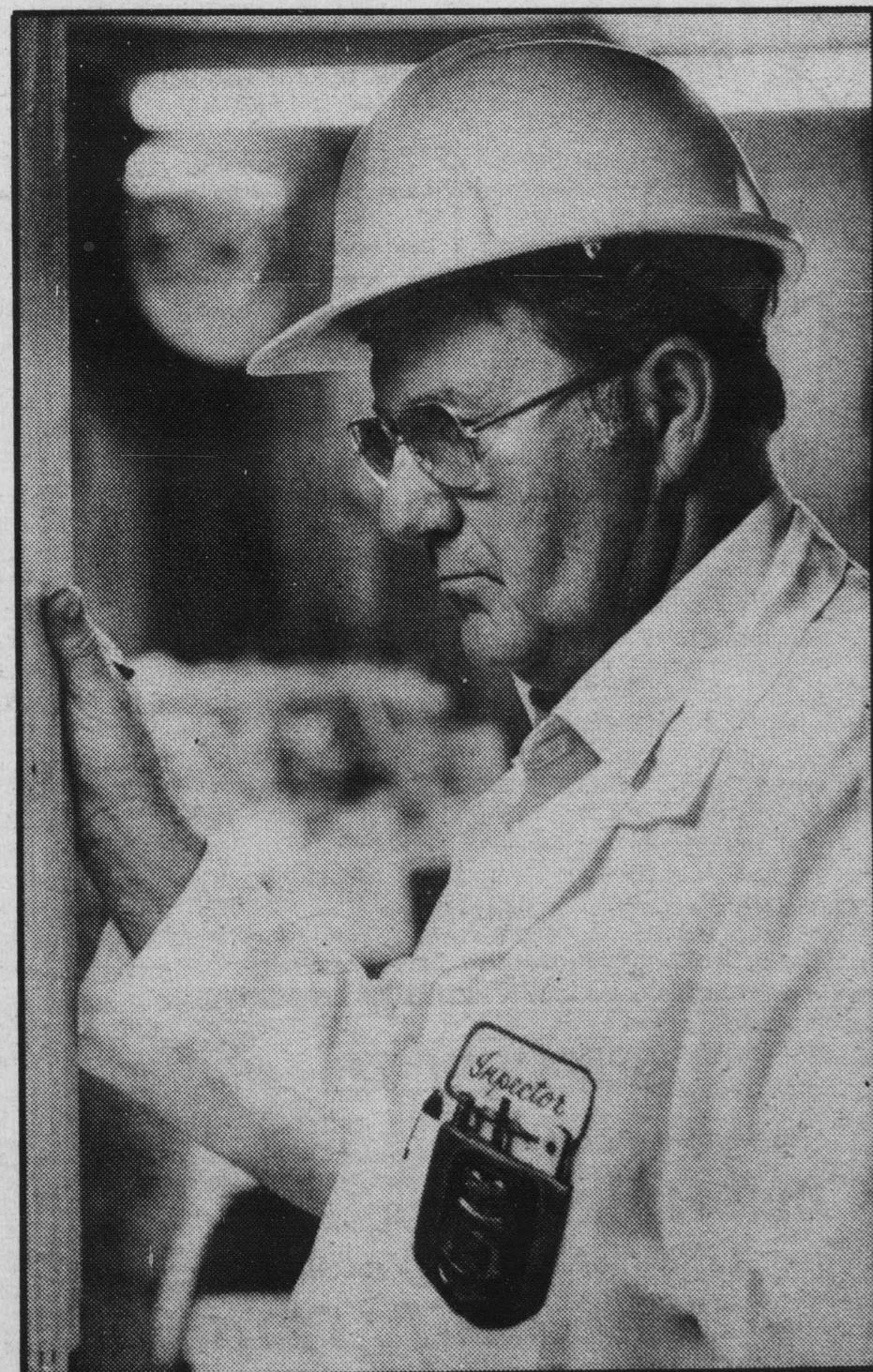
"I don't defend anyone else. I defend myself," he said. □



Story by Suzanne Sproul

Photos by Kathy Frey

Fred Rosas, owner of the Arrow Meat Co., (left) checks the meat that his business bones and skins. The ice machine (top right) outside of Rosas' business must go, according to a federal USDA inspector. Inspector Andy Hill (bottom right) gives his twice daily reports to Rosas. Fred Rosas Jr. stocks the refrigerator storecase in the business' retail section (middle). Chipped paint on a piece of equipment is one of the items Hill lists on his daily report (bottom). On the cover: Employee Delfino Torrez carves beef hind quarters, preparing them to be boned.





Andy the black Labrador is spending the next year with the Anne Curry family in Upland. Andy is learning to live in a family atmosphere before going to the International Guiding Eyes school to be a seeing eye dog for the blind.

Upland pup's future is decided: He's going to guide-dog school

By Suzanne Sproul

Andy is a precocious black Labrador whose future already is decided for him.

Instead of a lifetime of running, eating and generally lounging around the house in Upland, he has been specially selected to participate in the International Guiding Eyes program for the blind by the Silmar organization.

His owner for the next year is Anne Curry.

"I've read about seeing eye dogs since I was a child and always wanted to become involved. When I found out about how I could get involved locally I did," Curry said.

Mari Bull, a blind psychologist in Claremont, has donated several of her dog's puppies to the program during the years. Before the dogs go through the rigorous training

needed to aid a blind person, the puppies first are raised in a family atmosphere.

Curry said she's literally begged Bull for a puppy and finally she got one four weeks ago.

"I jumped at the chance when the opportunity finally came. Normally the program tries to put the dogs with 4-H kids but I was able to get one. Andy is the best dog I've ever

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Neighbors in the news

Upland resident Majorie Dilley and Cucamonga resident Jerry Carver, were honored for 25 years of state employment this year with Frank D. Lanterman State Hospital and Developmental Center (formerly Pacific State Hospital).

Dilley is a psychiatric technician who serves as resident escort for the facility. Carver started working at the hospital in 1960 as a food service worker. He is now employed in the motor pool.

□ □ □

Upland residents Helen Constantine, Lisa Gallo, Illy King, Ingrid Smith and Jaime Warin, are among graduates to

participate at Vivian Webb School's commencement exercises, Saturday, June 8, at 10 a.m. in Claremont.

The Class of 1985 is the second class and the first four-year class to graduate from the school. Vivian Webb School was founded in 1981 in coordination with Webb School in California.

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Crafton Hills College had local residents among its last graduating Basic Firefighting Training Academy.

Among the graduates were: David "Rick" Lee, president of the graduating class; Mark F. Gollhardt and Brian D. Vaughn.

See NEIGHBORS/Page 23

Upland News

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CLUBS

Kappa Kappa Iota, Zeta Conclave, will meet at the home of Helen Nowels in Wrightwood on Saturday for end-of-the-year festivities.

An end-of-the-year barbecue and other activities are planned from 3 to 7 p.m. with Zeta's outgoing president, Marie Russell, being honored and the new slate of officers presented.

Presiding over the 1985-86 year will be Fran Fullingim, president; Jeanie Snyder, vice president; Helen Nowels, secretary; and Martha Mason, treasurer.

Fullingim just completed her presidency of Nu State and the convention in Riverside. Zeta Conclave will be represented at the National Kappa Kappa Iota convention in Omaha, Neb. by Fullingim, Russell, Luanne Perryman, Snyder and Carolyn Rockwood.

The new year's goal is to provide Educational Scholarships for teachers.

□ □ □

B'nai B'rith Women is forming

new chapters in the San Gabriel and Pomona valleys.

An international Jewish women's organization, B'nai B'rith Women offers diversified programs, community services and multi-faceted activities.

For more information, call 861-7509 or 626-0235 evenings.

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The officers of the Rancho Cucamonga Woman's Club have been selected for the 1985-86 term.

Newly installed officers are: Ginnie Monahan, president; Mary Blanchard, first vice president; Reggie Vincent, second vice president; Carol Harmon, third vice president; Mildred Hasara, recording secretary; Ada Cooper, treasurer; Virginia Ringier, auditor; Eunice Lewis, parliamentarian; and Shirley Odom, financial secretary.

Rancho Cucamonga Woman's Club, a service organization, always welcomes new members.

For further information, contact membership

See CLUB/Page 10



SUMMER DAY CAMP — The Foothill Baptist Church of Upland will conduct an eight-week day camp program during July and August. For each of the eight weeks, two camps will be conducted simultaneously — one for primary grades 1-3 and one for junior grades 4-6. Each camp will be staffed by young people. The \$45 per week cost includes indoor/outdoor, special field trips, Bible stories and crafts. For information about registration call the church office at 981-2835 and ask for Chris McCormick.

Two 'outstanding' Upland men get Cal Poly awards

When awards for outstanding student leader and educator of the year were passed out recently at Cal Poly Pomona, two Upland men were at the head of the class.

Both honorees are from the college's school of business, which is the largest of all the seven schools on campus. The school of business has about 5,000 students.

Award winners are selected by panels of faculty members and students.

Michael J. Cumpston is the 1985 outstanding student leader in the business school and Panchatcharam Ramalingam, professor of operations management, is one of the 1985 outstanding educators of the year in the business school.

Cumpston is the president of business school's student senate, executive vice president of the American Marketing Association, a member of the Delta Mu Delta honor society and vice president of the Junior Chamber of Commerce chapter in Ontario.

The 28-year-old Cumpston is

scheduled to graduate June 8 with a degree in international marketing.

"This award came as quite a surprise and an honor," he said.

Cumpston worked full-time during the first two years of college so he could spend the last two years involved in student activities.

"I wanted to be able to participate because I think there's more to college than just going to class," he said.

During his last two years in college, Cumpston helped establish a speakers bureau at the school of business; set up the first teacher evaluation program; and is working on setting up workshops designed to help ease the transition between student governmental and organizational offices.

Cumpston and his wife, Laurie, have lived in Upland the past eight years.

Ramalingam shares the honor of outstanding educator with 10 others, but his award is for achievements in the operations management department of the school of business.

Ramalingam, a native of India, has lived in Upland for 14 years. He has taught at Cal Poly for 15 years, 12 of those years in the college's engineering school and three years in the operations management school.

His classes deal with preparing a student to become a manager of a manufacturing company. Many of his former students now are the presidents and vice presidents of manufacturing companies, Ramalingam said with a touch of pride in his voice.

During his teaching career at the college, he has written two college text books and 25 technical articles concerning operations management. He is the past president of the American Production on Inventory Control Society in the Inland Empire.

He has been the outstanding industrial engineering school faculty member twice. With all the awards, Ramalingam remains interested in his students.

He said he is pleased to see so many of his students succeeding in business.

Schlosser Forge gets production award

Schlosser Forge Company, in Rancho Cucamonga, received a Quality Achievement Award for 54 months of Grade I quality service from one of the leading manufacturers of military and commercial aircraft engines.

Pratt & Whitney Aircraft, the company's major customer,

presented the award to Phil Schlosser for the 250 employees at the plant.

The employees were commended for their excellent quality record by Dick Werstak, purchasing agent, and Joe Soja, chief of vendor quality assurance.

The company is one of 107 vendors of the more than 1000 Pratt & Whitney aircraft suppliers that qualified for the award.

Schlosser Forge Company ranks second among the 107 suppliers.

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CEREMONIES PLANNED — Linda Wikstrom, left, Alison Douglas and Whitney Tennant practice for "fly-up" ceremonies Monday of the Chaffey District of Mt. San Antonio Council of Camp Fire Girls. The ceremony marks a girl or boy's moving from the Blue Bird to Camp Fire level in the organization. The program will be at 7 p.m. in Hill Auditorium at Euclid Avenue and Fifth Street on the Chaffey High School campus in Ontario.

CHURCH NEWS

UPLAND UNITED METHODIST CHURCH — Services are held at 8:30 and 11 a.m. Sunday. Classes for nursery age through adult are held at 9:50 a.m. Infant and toddler care is available at all services. The church is at 262 N. Euclid Ave., Upland. For more information, call 982-1345.

UPLAND CHRISTIAN CHURCH (Disciples) — Sunday services at 10:30 a.m. at 1510 N. San Antonio Ave.

FOOTHILL BAPTIST, UPLAND — Sunday services at 10 a.m. at the church, 1330 W. 15th St. Inspirational hour at 6 p.m. Sunday. For information, call 981-2835.

GRACE LUTHERAN CHURCH — Services at 8:30 and 11 a.m. Sunday. The church is located at 2108 N. Euclid Ave., Upland.

WEST END CHURCH OF RELIGIOUS SCIENCE — Services at 11 a.m. Sunday at the

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ASTARA — Services at 11 a.m. Sunday at Astara, 800 W. Arrow Highway, Upland.

FIRST MENNONITE, UPLAND — Services are Sunday at 10:45 a.m. and a nursery is provided. Sunday school for all ages is held at 9:30 a.m. Church is located at 379 Campus Ave., Upland, call 982-1669 or 982-2361.

FIRST SPANISH ASSEMBLY OF GOD, UPLAND — Services at 11 a.m. Sunday at the church, 295 E. Ninth St. For information, call 981-6996.

FIRST PRESBYTERIAN — Services are at 8:15 and 10:30 a.m. School classes for nursery age through adult are held at 9:15 and for nursery age through grade 6 at 10:30 a.m. Infant and toddler care is available at all services. Church is located at 869 N. Euclid Ave. For information, call 982-8811.

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CALENDAR

FRIDAY, June 7

St. Peter and St. Paul Church kicks off its annual Fiesta today. The church is at the corner of Beryl and Banyan streets in Alta Loma. Fiesta hours are: Friday, from 3 to 10 p.m.; Saturday, from noon to 10 p.m.; and Sunday, from 1 to 9:30 p.m.

Rancho Cucamonga Weight Watchers can weigh in Friday mornings at 9 a.m. at the Rancho Cucamonga Neighborhood Center, 9791 Arrow Highway.

The Rancho Cucamonga VIP Club hold a pinochle tournament for all players from 6 to 10 p.m. at the Rancho Cucamonga Neighborhood Center, 9791 Arrow Highway.

SATURDAY, JUNE 8

The Fencing Club meets from 9 a.m. to noon in the lounge at Magnolia Recreation Center, 651 W. 15th St., Upland. Call Armando at 788-1774 evenings or 351-6558 daytime for more information.

The Southern California Polka Boosters Club will hold its 15th annual Polka Festival on Saturday, June 8 at the DES Hall and grounds, 5126 Riverside Drive in Chino. The festival will start with a Polka Mass at 11 a.m., to be followed with continuous dancing to 11 p.m. Several top polka bands will play in the hall and outside, both Polish and Slovenian style. Ethnic foods will be available. For more information or advance tickets call 989-2610.

SUNDAY, JUNE 9

Chaffey High School Baccalaureate services will be held at 2:30 p.m. in Gardiner Spring Auditorium on the campus on Euclid Avenue.

Today is the last opportunity to register for the Creative Christian Women gaggling goose decorative hoop crafts class to be held Monday, June 17 at 7 p.m. Class will be held at Hillside Church, 5354 Haven Ave., Alta Loma, 91701. For more information, call 980-2191 or 987-4558.

MONDAY, JUNE 10

Rancho Cucamonga Senior Center, 9791 Arrow Highway, features low-cost noon meals, Monday through Friday. For more information, call 987-1618.

The Round Table Club will hold its annual luncheon and installation of 1985-86 officers at 12:30 p.m. at Casa Vallarta in the Montclair Plaza.

Bridge is played at 1 p.m., Upland Community Center, 352 E. C St. For more information, call 985-4201.

Professional Contacts Unlimited meets weekly Mondays, 5:30 to 7 p.m. at the Rancho Cucamonga Chamber of Commerce conference room. For more information, call Marie Sears, 946-5821.

Rancho Cucamonga's Weight Watchers can weigh in at Lions Park Community Center. See CALENDAR/Page 10

Fiesta slated this weekend

Saint Peter and Saint Paul Church will hold its annual fiesta Friday through Sunday. The church is at the corner of Beryl and Banyan streets in Alta Loma.

A carnival atmosphere with

5K and 10K race slated Saturday

St. Peter and St. Paul Church will hold a 5K and 10K race on Saturday at 8 a.m.

Trophies and other prizes will be awarded to winning runners.

food, rides and games will highlight the fiesta. Bingo will be held in the parish hall.

Fiesta hours are Friday, from 3 to 10 p.m.; Saturday, from noon to 10 p.m.; and Sunday, from 1 to 9:30 p.m.

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COINS

By Gary L. Palmer
Copley News Service

The American Numismatic Association is indeed an organization with a lot of history behind it. That fact struck home recently when several of the group's press releases were in the "past tense" — the very past tense.

This year the scholarly journal published by the ANA is celebrating its 97th consecutive year of publication — and that's not just one edition a year. It's monthly.

Were you the proud possessor of every issue of The Numismatist, there would be 1,764 editions in your attic. Presuming there was still an attic. The sheer weight of the tomes may have taken care of that.

Averaging 224 pages, The Numismatist offers readers a variety of articles about all facets of the hobby — coins, medals, tokens and paper money — as well as a number of regular columns.

Most articles are submitted by the readership and represent the works of both collectors and numismatic scholars.

ANA members receive the magazine free with payment of their annual \$21 membership dues. Subscriptions for non-members are \$28.

If you're a coin collector, but not a member of ANA, the hobby organization would be happy to send you a sample copy of The Numismatist. But don't expect to receive a copy dated 1889. Those, it's safe to say, are as rare as the coins discussed in the magazine.

Write the American Numismatic Association, P.O. Box 2366, Colorado Springs, CO 80901.

And now let's go even further back in ANA history. Nearly 100 years ago, in 1899, Dr. George F. Heath, owner and publisher of The Numismatist, then just a hobby publication for coin collectors, called for the formation of a national numismatic organization that would represent the average coin collector.

His dream came true Oct. 7, 1891, when 60 hobbyists from across the United States and Canada met in Chicago and formed the ANA.

In 1991 the ANA will celebrate a century of numismatic achievement and camaraderie at its special 100th Anniversary Convention in the same city where it was founded.

To ensure the milestone convention will be an extraordinary event, the 1891 Club has been formed. Its purpose is to raise funds to underwrite the cost of special convention activities that otherwise could not be afforded.

In addition, the club will commission a suitable author to

write a book detailing the history of the ANA — something that has never been done and is certainly long overdue.

From its humble beginnings, the ANA now boasts nearly 35,000 members and a permanent headquarters, complete with library and museum.

Members who want to make the 100th anniversary convention a very special event are being urged to join the 1891 Club by paying a one-time donation of \$91.

Alta Loma School District is providing an enrichment summer school for students in grades one through seven July 1 through 26 at Alta Loma Junior High School.

Each student will participate in a Core Academic Enrichment program which will include computer literacy, science, reading and math.

The school will accommodate 425 students through state funding. Presently, the school's capacity has been reached and

SCHOOLS

there is a waiting list of 100 students.

Students who have been accepted will be informed by mail on or before May 28.

□ □ □

Students and staff at Alta Loma Elementary School in Rancho Cucamonga honored 113 volunteers at an "Appreciation Tea" last month.

The honorees were recognized for their many hours of service on behalf of the students, parents and staff. Refreshments

were served by the PTA and entertainment was provided by the school's upper grade chorus.

Members of the Upland Junior High School modern dance team and the school's jazz band are sponsoring a musical program June 12 and 13.

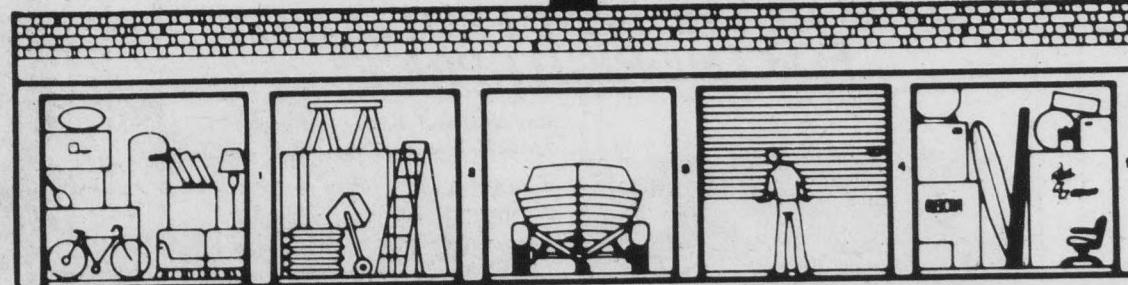
The program begins each night at 7:30 in the Upland Elementary School auditorium, 601 N. 5th Ave.

Tickets are \$2 for adults and \$1 for children, 12 years old and younger.

50% OFF THE FIRST MONTH'S RENT! STORE YOUR STUFF FOR LESS!

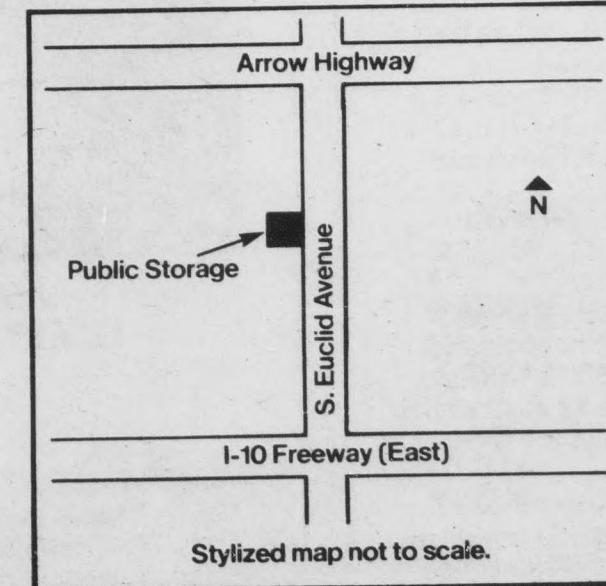
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Calendar /from Page 8

Center, 9161 Base Line at 6:30 p.m. and Friday mornings, 9 a.m. at Rancho Cucamonga Neighborhood Center, 9791 Arrow Highway.

Alta Loma School District's board of trustees meets the second and fourth Monday of each month at 7 p.m. at Alta Loma Junior High School, 9000 Lemon Ave., Alta Loma.

TUESDAY, JUNE 11

Christian Businessmen's Committee meets each Tuesday morning for breakfast and fellowship at 6:45 at Coco's Restaurant, 60 W. Foothill Blvd., in Upland.

The Rancho Cucamonga Small Business Association holds weekly meetings on Tuesdays at 7:30 a.m. at Michael J's Restaurant at the corner of Foothill Boulevard and Turner Avenue in Rancho Cucamonga. Membership in the organization is free.

The West San Bernardino County Board of Realtors holds a weekly breakfast meeting from 8 to 9 a.m. at 101 N. Second Ave., Upland. For more information, call 946-2617.

Fun After Fifty Club will hold arts and crafts for senior citizens at the Community Center, 352 E. C St. at 10 a.m.

Kiwanis Club of Upland holds its weekly luncheon meeting this afternoon at 12:10 at the Arbor Restaurant on Foothill Boulevard near Euclid Avenue in Upland.

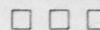
Friendship Cards is played at the Senior Center, 9791 Arrow Highway, from noon to 4 p.m. Seniors can learn to play bridge, pinochle, canasta, poker and other games. There is no fee.

Taking Off Pounds Sensibly, Cucamonga Chapter 1769, meets every Tuesday from 10 a.m. to noon at the Rancho Cucamonga library, 9191 Base Line Road.

Rotary Club of Rancho Cucamonga meets every Tuesday for a noon luncheon at the Magic Lamp Inn, 8189 Foothill Blvd., Rancho Cucamonga. Call 985-9761 for more information.

Club /from Page 5

chairwoman at 980-6777.



The Southern California Polka Boosters Club will hold its 15th annual Polka Festival on Saturday at the DES Hall and grounds, 5126 Riverside Drive in Chino.

The festival will start with a Polka Mass at 11 a.m., to be followed with continuous dancing to 11 p.m. Several top polka bands will play in the hall and outside, both Polish and Slovenian style.

For more information or advance tickets call 989-2610.



The Round Table Club will hold its annual luncheon and installation of 1985-86 officers on Monday June 10 at 12:30 p.m. at Casa Vallarta in the Montclair Plaza.

Incoming officers to be installed are Gladys Hawblitzel, president; Monta Durant, vice president and Claire Wilkins, secretary/treasurer.

Ontario Soroptimists, a business women's service club, meets at the Magic Lamp Inn, 8189 Foothill Blvd. at noon.

A free movie will be shown at the **Rancho Cucamonga Neighborhood Center**, 9791 Arrow Highway, at 9:30 a.m. and 1 p.m., in the senior lounge.

Odd Fellows, Independent Order of No. 68 holds its weekly meeting at 8 p.m., 233 N. Second Ave., Upland.

West End Kiwanis Club holds its weekly dinner meeting at Brigham's Family Restaurant, 820 W. Foothill Blvd. this evening at 6:30.

For information on **Commodore Computer Users Group**, attend a meeting the second Tuesday or the last Friday of the month from 7 to 9 p.m. at Lions Community Center, 9161 Base Line Road, in Rancho Cucamonga.

"New Beginning in Christ" a divorced and single support group, meets each Tuesday at 7 p.m. at **Light House Brethren in Christ** on the corner of Hellman and Base Line Road. For more information, call 987-0233 or 988-3316.

A Senior Health Screening Clinic will be held from 9:30 a.m. to noon at the Rancho Cucamonga Neighborhood Center, 9791 Arrow Highway.

The Rancho Cucamonga Toastmasters Club meets every Tuesday night at 7 p.m. in the Latter Day Saints Church, 9075 Base Line Roade in Rancho Cucamonga.

Sweet Adelines, Pomona Valley singing group meets Tuesday evenings at Pilgrim Congregational Church, 600 N. Garvey Ave., 7:30. Women who enjoy singing and can carry a tune are welcome to join.

WEDNESDAY, JUNE 12

Leads Club meets each Wednesday morning, 7:15 to 8:30 at various locations in Rancho Cucamonga. For more information or reservations, call Diane Rivord, coordinator, 986-1355.

Every Wednesday, **Taking Off Pounds**

Sensibly meets from 7 to 8 p.m. at the Rancho Cucamonga Neighborhood Center, 9791 Arrow Highway. For more information, call 989-5738, after 6:30 p.m.

Overeaters Anonymous meets from 10 to 11:30 a.m. at the Lions Park Community Center, 9161 Base Line Road in Rancho Cucamonga.

Upland Foothill Kiwanis Club holds its weekly breakfast at 7 at Rueben's Restaurant, 335 S. Mountain Ave., Upland.

A style show of wedding fashions through the years will be featured at the **Rancho Cucamonga Christian Women's Club** brunch at the Red Lion Inn in Ontario, from 9:30 to 11:30 a.m. Reservations are essentials and can be made by calling 980-1272, 947-3226 or 983-2830. Free child care is available.

The Upland/Ontario Optimists Club meet at noon at Mural House, 1850 E. Holt Blvd., Ontario.

Rotary Club of Upland holds their weekly meeting today at 12:15 p.m. at the Arbor Restaurant, on Foothill Boulevard near Euclid Avenue in Upland.

Seniors from **Fun After Fifty** hold their weekly bingo at 2 this afternoon at the Senior Center, 352 E. C St. in Upland. For more information, call 981-1033.

Chaffey Communities Cultural Center is open today, Thursday and Saturday from 1 to 4 p.m. at 525 W. 18th St. in Upland. Admission is free.

Taking Off Pounds Sensibly Upland Chapter 898, meets evenings from 6:30 to 8. For more information or meeting location, call 985-3760.

The Rancho Cucamonga Toughlove Parent Support Group meets at 8 p.m. at the Rancho Cucamonga Neighborhood Center, 9791 Arrow Highway. The program helps parents deal with the stress on the family and provides techniques for firm-yet-loving guidance for troubled teens.

Cucamonga District Lions Club meet the second and fourth Wednesday at Hens and Herefords, 8874 Foothill Blvd. in Rancho Cucamonga at 7 p.m.

See CALENDAR/Page 16



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Senior programs cater to physical and social needs

By Terri Tirella

There's a growing interest and need for specialized programming for senior citizens in the city of Rancho Cucamonga, said Kevin Evans, recreation instructor.

"We need to make it financially feasible for them to participate in the physical as well as social interests," Evans said.

Evans said the Senior Stretch class was designed to be a physical experience geared especially to seniors' interests.

"The VIP club offers the social interaction through club meetings, pinochle games, activities like trips and joint-sponsored events like the upcoming golf tournament and a luau later this summer," Evans said.

Evans said there is a growing interest from seniors about senior programs. "They are turning out to events and are always providing suggestions."

Many of the suggestions turn into recreation programs — senior movies is one example. "The golf tournament is another," he said.

Another class seniors suggested was oil painting. "They were looking at not only developing works of art and expanding on their own creative genius but they can sell those works to offset their limited incomes."

All of the city's senior programs are offered at the Rancho Cucamonga Neighborhood Center, 9791 Arrow Highway. The nutritional program is offered there daily as well as a senior information and referral service.

"Many seniors view us as a way to get out of their homes, to receive a balanced meal and a place to share ideas they have," Evans said. "If they see a problem they definitely tell us ... they will bring to our attention and often times (do) the necessary research, on a program they are interested in."

"Seniors are fun to work with," Evans said. "They're quick to be critical if they see a problem, but they also are quick to give praise." Evans said both Dial-a-Ride and Old Timers' Steelworkers' Foundation van stationed at the Neighborhood Center provide transportation for seniors.

Programs for older adults, age 50 and older, at the Rancho Cucamonga Neighborhood Center, 9791 Arrow Highway, include a variety of experiences:

- Senior Stretch is offered beginning June 28, on Friday mornings, from 9:30 a.m. to 10:20

a.m. The class emphasis is on stretching and relaxing muscles. Fee for 10 weeks is \$15.

- Clogging is a new class being taught by the Knotty Pine Cloggers for older adults, beginning June 26, Wednesday evenings from 7 to 7:50 at the Rancho Cucamonga Neighborhood Center. The 10-week session costs \$15.

- Two free showings of movies are offered at the Rancho Cucamonga Neighborhood on Tuesdays at 9 a.m. and again at 1 p.m.

Friendship cards for adults, age 50 and older, are played Tuesdays from 12 to 4 p.m. Included are pinochle, canasta or other games.

- The VIP Club, for adults 50 and older, meets Thursdays from 9:30 a.m. to 4 p.m. The club offers opportunities to play cards or bingo, potluck dinners, club dances and festive holiday celebrations. Membership is \$2.50.

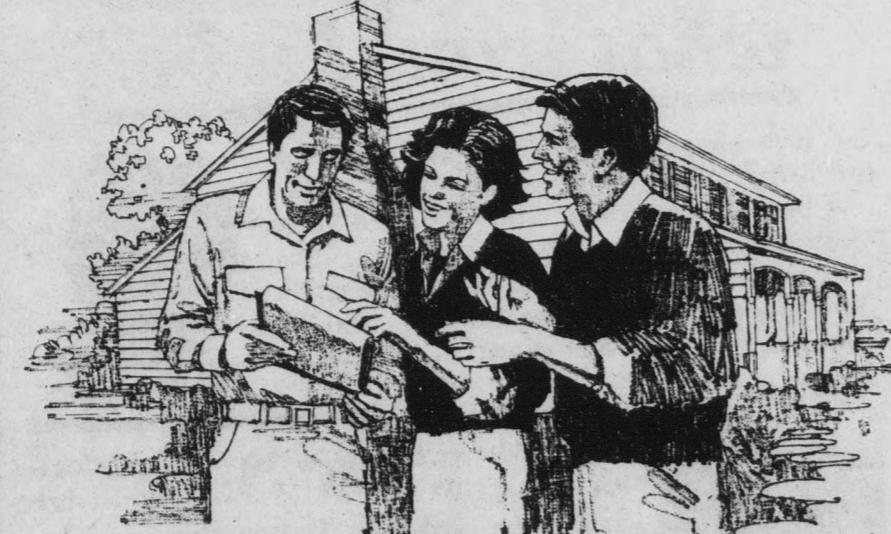
- Rancho Cucamonga Bridge Club, for older adults, meets from 1 to 4 p.m. Thursdays.

- Rancho Cucamonga Senior Activities, age 50 and over, is a nighttime group which meets to play cards Friday evenings, 6 to 10 p.m.

- Oil painting, a class to develop creative talents, is open to all beginning and advanced students. All students must provide their own supplies. The

See SENIORS/Page 12

NEED TO REPAIR YOUR HOME?



The city of RANCHO CUCAMONGA is offering qualified residents HOME REPAIR GRANTS AND LOANS

Eligible Homeowners can receive:

HOME REPAIR GRANTS of up to \$1,500.00 (in labor & materials) for senior citizens and disabled homeowners; or

Low interest HOME IMPROVEMENT LOANS of up to \$15,000.00 for low and moderate income households.

For more information, please contact the PLANNING DIVISION by phoning 989-1851 or visiting the office at

9320 BASELINE ROAD, SUITE B

ABOUT TOWN

A style show of wedding fashions through the years will be featured at the Rancho Cucamonga Christian Women's Club next gathering.

The show will be held at the Red Lion Inn on Wednesday, June 12, with a "Bridal Party Brunch" held from 9:30 to 11:30 a.m.

Recording artist and guest speaker Marcia Gehris will present "Love Notes" in song and story during her presentation.

Reservations are essential and can be made by calling 980-1272, 947-3226 or 983-2830. Free child care is available.

Christian Women's Club is an inter-denomination organization with no dues. All women are invited to attend.

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The Pomona Academy of the Performing Arts is currently casting actors, singers, dancers and variety acts for summer shows and the 1985-86 touring season.

During the past three years Academy members have performed in schools, shopping malls, county fairs, Hollywood plays and ice shows as well as audition and participation with celebrities such as Lionel Richie and Count Basie.

For orientation information contact the Pomona Academy of Performing Arts Information Announcement, 982-6385.

□ □ □

The Upland Firefighters Association is sponsoring a cardiopulmonary resuscitation class in June.

The two-part course will be conducted June 20 and June 27 from 6 to 10 p.m. at the fire station on Second Avenue.

Students must attend both classes to receive a certification card. A person can register Monday through Friday from 8 a.m. to 5 p.m. at the station. The fee is \$7.50. Those wanting to be re-certified pay only \$5.

□ □ □

A three-day trip to Laughlin for a weekend of gambling fun will be offered by Upland Recreation Department on June 28, 29 and 30.

Participants will stay two nights at the Riverside Hotel and Casino. Fee is \$60 per person, based on double occupancy, and includes transportation, lodging and some refreshments.

The bus will depart from the recreation office, 651 W. 15th St., at noon and will return to Upland on Sunday about 6 p.m.

Registration is being taken at the recreation office. All reservations must be made by June 21.

Office hours are Monday through Friday, 8 a.m. to 5 p.m. Participants can make

reservations by mailing a check to the Upland Recreation Department, P.O. Box 460, Upland, Ca., 91785.

For more information, call 985-0994.

□ □ □

Upland Recreation Department is offering an opportunity to sail with Diosa Del Mar Charter on the Diosa Del Mar, an early 1900 schooner, to Catalina on July 12, 13 and 14.

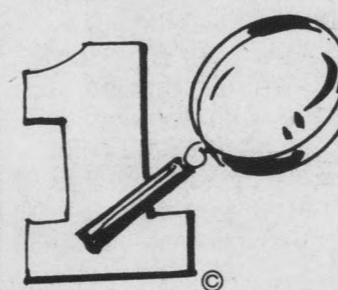
The schooner departs Friday, July 12, beginning a weekend of sailing adventure to include sunning, swimming, snorkeling and sleeping under the stars.

Reservation fee is \$170 per person and half is due by June 10.

Participants will leave for the harbor by bus on Friday afternoon at 3 p.m. from the recreation office, 651 W. 15th St. and return on Sunday at about 8 p.m.

For more information, call 985-0994.

Discover a new way to make a little cash

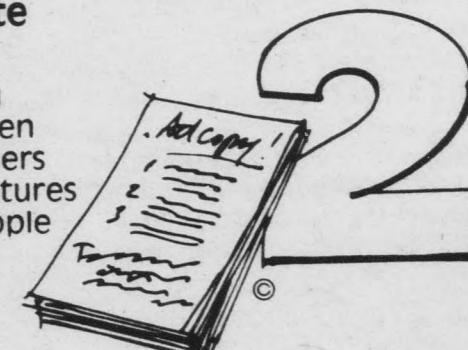


1. Take a close look around the house.

Check the basement, the attic, under the beds, in the garage—anyplace you're likely to stash items you no longer need or use.

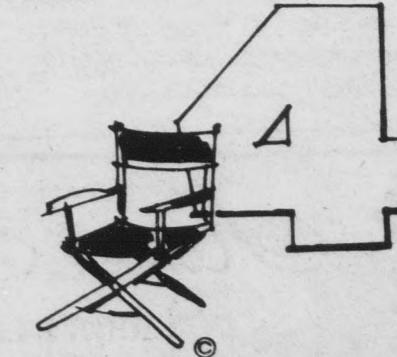
2. Make a list and write your ad.

Write down everything you've gathered up, then put it in order—big sellers first. Tell about any features that may influence people to buy.



3. Give classified a call.

A friendly, courteous Advisor will help you word and place your ad for fast results.



4. Sit back and relax.

It won't be long until the phone starts ringing with interested buyers.

Upland News

Rancho Cucamonga TIMES

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PHOTO TIPS

By Holt Confer
Copley News Service

Recently — for those of you who are following this two-part miniseries on "seeing" — I used a section of Kodak's Workshop Series on "The Art of Seeing" to explain the basic mechanics of vision — how light enters the eye, forms images on the retina that are turned to electrical signals, which then are transmitted to the brain for interpretation.

The interesting part of all this was the fact that what we see and how we see are not strictly a matter of physiological responses. Some visual nerve cells, it seems, may have a memory that responds to certain lines and shapes that were seen previously, while other responses are determined by past experience.

What this means is that it's

possible to study other photographers' work, look at textbook examples of composition and/or lighting, even explore the content of successful pictures — all with the idea that some of what you've looked at probably will be retained somewhere inside your head. And when the time comes when a similar situation presents itself to you, chances are you'll begin to receive mental clues to guide you in setting up your picture so it's similar to one you've admired (and remembered) some time ago.

I suppose that's what we call learning. And it means you don't necessarily have to be born with a natural artistic inclination to be a successful photographer. Just be willing to study and learn, to make mistakes, recognize the problem and correct the things that have gone wrong.

The whole process never really ends. If we're truly

interested in a subject — history, geography, literature, art, automobiles, refrigeration or photography — chances are every time we come face-to-face with that subject, some other bit of information, some other fact or experience gets tucked away in our minds to be recalled whenever it's appropriate or wherever it's needed.

Now that I've taken away any excuses you may have conjured up for weak, poorly composed pictures, suppose we spend a little time on your photographic viewpoint — the place from which you see or photograph a subject.

Certainly, the easiest way is to stand upright, hold the camera in front of you and photograph whatever falls within the lens's line of sight. Borrrring! Unless your subject is painted on a wall, it has more than one dimension, so why not explore the possibility of taking a picture

from above or below, from the side or from the back? You've taken the trouble to carry your camera, to learn how to use it, you've invested in film and you're surely going to stand the cost of having that film processed. So why not inject just a bit more of yourself into the picture — some personal energy, a semblance of creativity, a tad of adventure — in short, a different viewpoint?

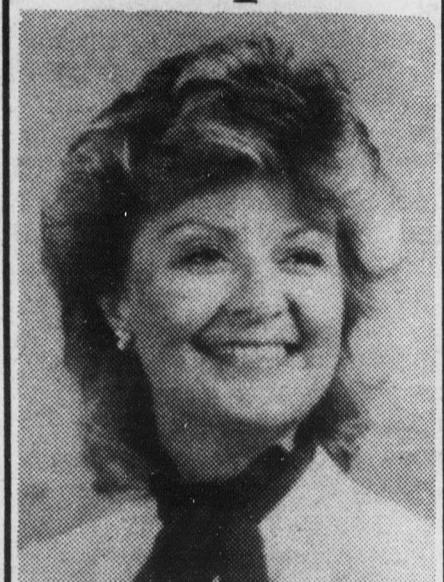
Get your nose (and your camera) down near the ground, climb on a box or stand on a car bumper, drop to one knee or hang over a railing (carefully, of course). As you try these different viewpoints, you'll begin to appreciate that subjects really do take on a new look when the old, straight-on shots are finally abandoned.

Now that you've learned that "seeing" can be an acquired skill, take a moment to reflect on

the way you've been taking pictures lately — and if you find you're using most of your film on stand-up straight-on shots, then resolve to look at things differently from now on. However, if you've been searching for different angles — good. Keep up the creative approach, but try to expand what's already been accomplished by trying new lenses or unfamiliar lighting situations.

In photography, you can't ever afford to stop learning.

Bridal Bouquets



by Deborah Armbruster

IN HONOR OF GUESTS

Nothing seems to give prospective brides and grooms more nightmares than preparing the guest list.

Shop for your reception site and menu first, and then divide costs into your budget to figure out how many people you can invite. If you are unsure of the size of your bridegroom's extended family, get a preliminary list from your mother-in-law-to-be. Some sense of numbers is necessary in order to choose a feasible reception site.

Etiquette generally calls for the bride's and groom's side to be allowed the same number of invitations. If you're on a tight budget and your in-laws feel the need to invite more people than you can afford, it's okay to ask them if they can assume some of the extra cost. If you must keep numbers down, it's proper to exclude strangers (friends' dates you've never met) and children under 16.

Mail invitations in shifts, early enough that you can invite additional people if others decline.

Relax! You'll have one less thing to worry about when you come to us for your Wedding needs.



FOR DAD OR GRAD

If you could ask God one question what would it be?

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Seniors/from Page 11

class begins on June 26, 1 to 4 p.m. The next session will begin Aug. 7. Supplies cost approximately \$40. The class costs \$27 for six weeks.

• Seniors Golf Tournament, held for older adults throughout the West Valley, is slated for July 10 with an 8 a.m. tee time.

The tourney will be held at Rancho Verde Country Club and will cost \$9.50 with cart. Both men and women may compete.

Awards will be given for low net, low gross, fewest putts, high gross, high net and closest to the hole.

• The Seniors All-States Picnic, will be held June 27 from 10:30 a.m. to 3 p.m. at Vineyard Park, corner of Vineyard Avenue and Base Line Road in Rancho

Cucamonga. • Picnic activities include horseshoes, badminton, dancing, music and refreshments.

• The city of Rancho Cucamonga and the VIP Club will hold a luau Aug. 8 from 10 a.m. to 1 p.m. at the Rancho Cucamonga Neighborhood Center. The special event will feature music, Polynesian dancers, a hula contest and a Polynesian lunch.

• Senior bowling league will start Sept. 10. League play runs 35 weeks and is held at the Landmark Bowl.

Cost is \$3 per bowler each week and includes lanes, prizes and banquet at the end of the year.

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Las Vegas: feasting on sensory delights

By Kay Jarvis-Prokop
Copley News Service

LAS VEGAS, Nev. — Let's have a chat about sensory overload.

In case you haven't been exposed to the term, it is the subject of serious study by psychologists, sociologists, environmentalists and probably other "ists" on how much of anything we can stand, and for how long. That includes airplane noise, rush-hour traffic, pollution and workplace surroundings.

These experts study the effects of noise, crowding and color on our senses. They probably do it under controlled situations in laboratories.

My suggestion is that they save a lot of research grant money by simply taking off their lab coats, donning a T-shirt with a funny saying on it and checking into Circus Circus on the Las Vegas strip.

There they will find hundreds if not thousands of men, women

and children who probably once were sane people. They can be found undergoing an unremitting level of sensory overload.

To make this personal experience just a bit more bizarre than it was anyway, it all began as a 75th birthday party for my mother. We didn't want it to be too low-key.

The first indication that it wouldn't be low-key was when we discovered that the elevators to the main tower rooms at Circus Circus are about 15 blocks from the registration desk. There were no bellmen around and we found out why. It wasn't just a walk — it was a jousting tournament through fun-seekers jammed wall-to-wall at slot machines, craps tables, assorted gift shops, the wedding chapel (done in bushels of artificial bouquets and pale-blue-satin streamers), and the buffet line.

Also, there were many, many people just staring at the ceiling. That's because high-wire and

See LAS VEGAS/Page 26

Pup/from Page 4

had," Curry said.

So Andy has joined the Curry household consisting of Mrs. Curry, her husband Jim, another dog and a couple of birds for at least the next 12 months.

After the first year in a household, though, Andy will be enrolled in the program.

"The first question anyone asks me is how I could raise a dog and then give it up after a year. I tell them I went into this with a different attitude. I really believe this is a worthwhile thing to be able to do," Curry said.

Although program administrators have asked Curry not to do any special training, her first assignment was to housebreak Andy.

"The program wants the dogs to have normal lives but there are certain things they

can't do. Andy has to learn not to play tug-of-war, not to jump on people and to learn how to walk on a leash," she said.

A family atmosphere is important. Those who have the potential of being a seeing eye dog must learn to be household pets and companions since most of their time will be spent indoors.

Curry is not paid for volunteering her love, attention and home to Andy and the program for the next year. To her it's not a job but something of a childhood dream come true.

The International Guiding Eye program pays all veterinarian bills and the food is tax deductible.

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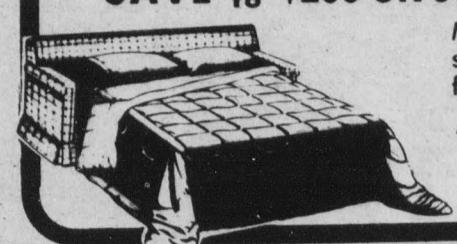
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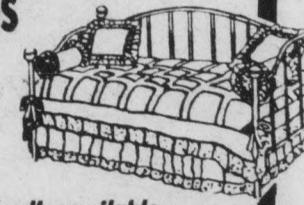
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'Coming of Age'

"A day in the life of a teenager," might be another name for Alta Loma Junior High's "Coming of Age" musical drama.

"This is something totally different than what we usually do," said Melissa Kesser, an eighth grade cast member. "Coming of Age" is "not like a Broadway play, but like every-day life like we go through."

The characters in the play are all adolescents struggling with problems that are not unlike those the students, themselves, have. Peer pressure, having trouble at home, wanting to be noticed and needing someone to listen are all problems the Alta Loma eighth-grade cast members complained about in their personal lives.

More than 180 students participated in the musical performance held last Friday. Choral selections were sung by seventh grade choir, with about 80 students participating. The second portion of the program was the eighth graders musical drama.

Joyce Martinez, choral teacher at the school, directed the production. "The musical is billed as a 'musical drama about being 13, performed by the only people who could.'"

"Anyone who sees the play will come away with a better understanding of 13-year-olds ... including kids of themselves," she said.

Because the school does not have a theater, "Coming of Age" was performed at Alta Loma High School to a standing-room-only crowd. "We have never not filled the auditorium," Martinez said.

"In the past we have done a variety of things, like mini-Broadway musicals," Martinez said. "This is the first time we've done something like this." She has been teaching at ALJH for 11 years.

"They were magic," Martinez said about the eighth graders. "They just came alive and responded beautifully."

She said that as the makeup went on the transformation from students to actors and actresses became more apparent.

Alta Loma Junior High does not have a drama program. "This is the only opportunity for them to act," Martinez said.

Martinez said the students have two years of choral training before they participate in a musical. The production, which culminates their years in choir classes, "adds the dramatic and uses their choral training in another way."

A musical production "gives them an opportunity to perform, experience audience response, to have success and self-confidence," Martinez said.

Martinez said school principal, James Dyer,

brought the play to her attention. "He had seen it at a conference and was impressed with the message. It's written by school principals, the National Association of Secondary School Principals."

The story of 'Coming of Age' revolves around a girl named Karen who has moved from Long Beach and is starting at a new school and is having trouble making friends. But she's not the only teenager who has problems making friends.

Melvin the class "geek" is another troubled teen. "He makes a total fool of himself just to get us to notice him," said Christy Diaz.

Diaz plays the female leader of the 'in crowd.' "We walk the same and talk the same, dress the same," she said. The elite group even laughs at the same jokes.

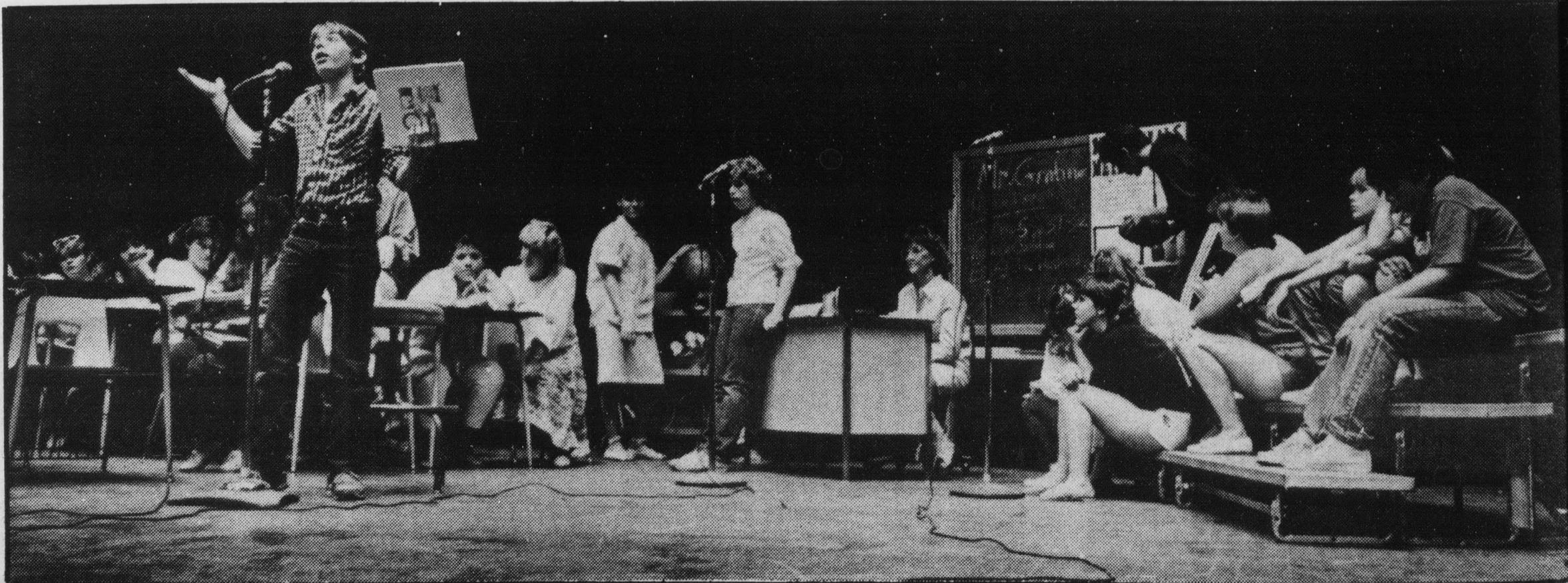
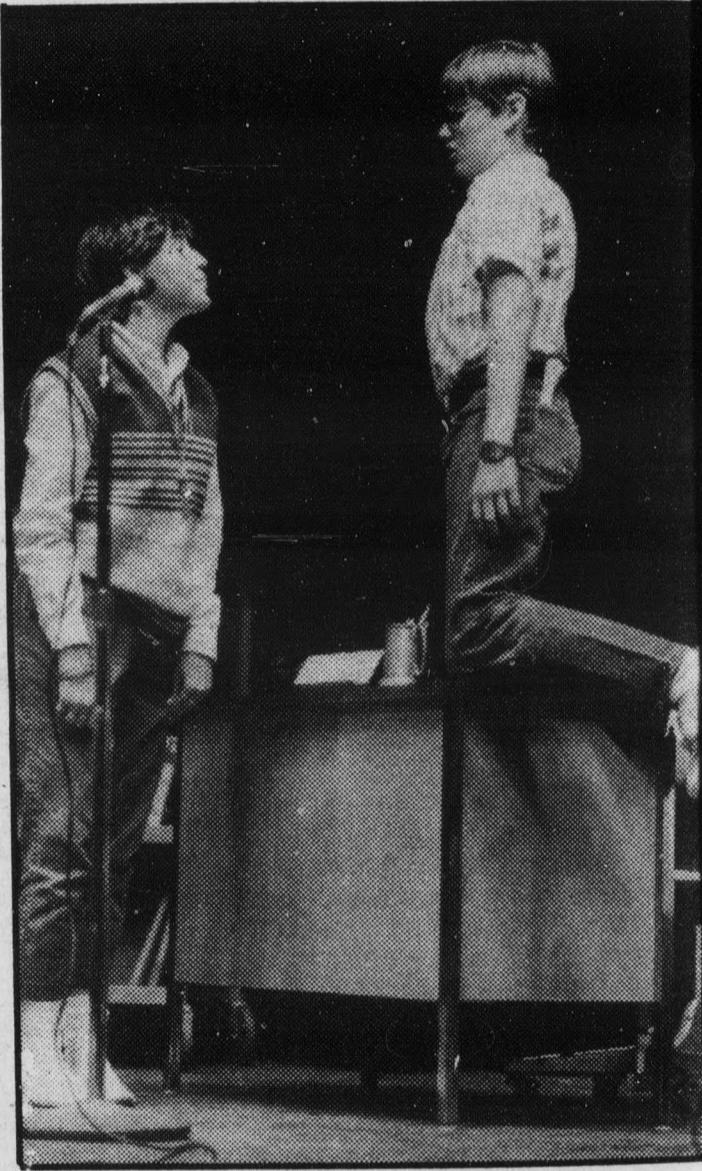
Most of the characters in the play are struggling with their problems, trying to get someone to listen. When Karen is in an accident, the student body reads her diary and then understand what she's been going through.

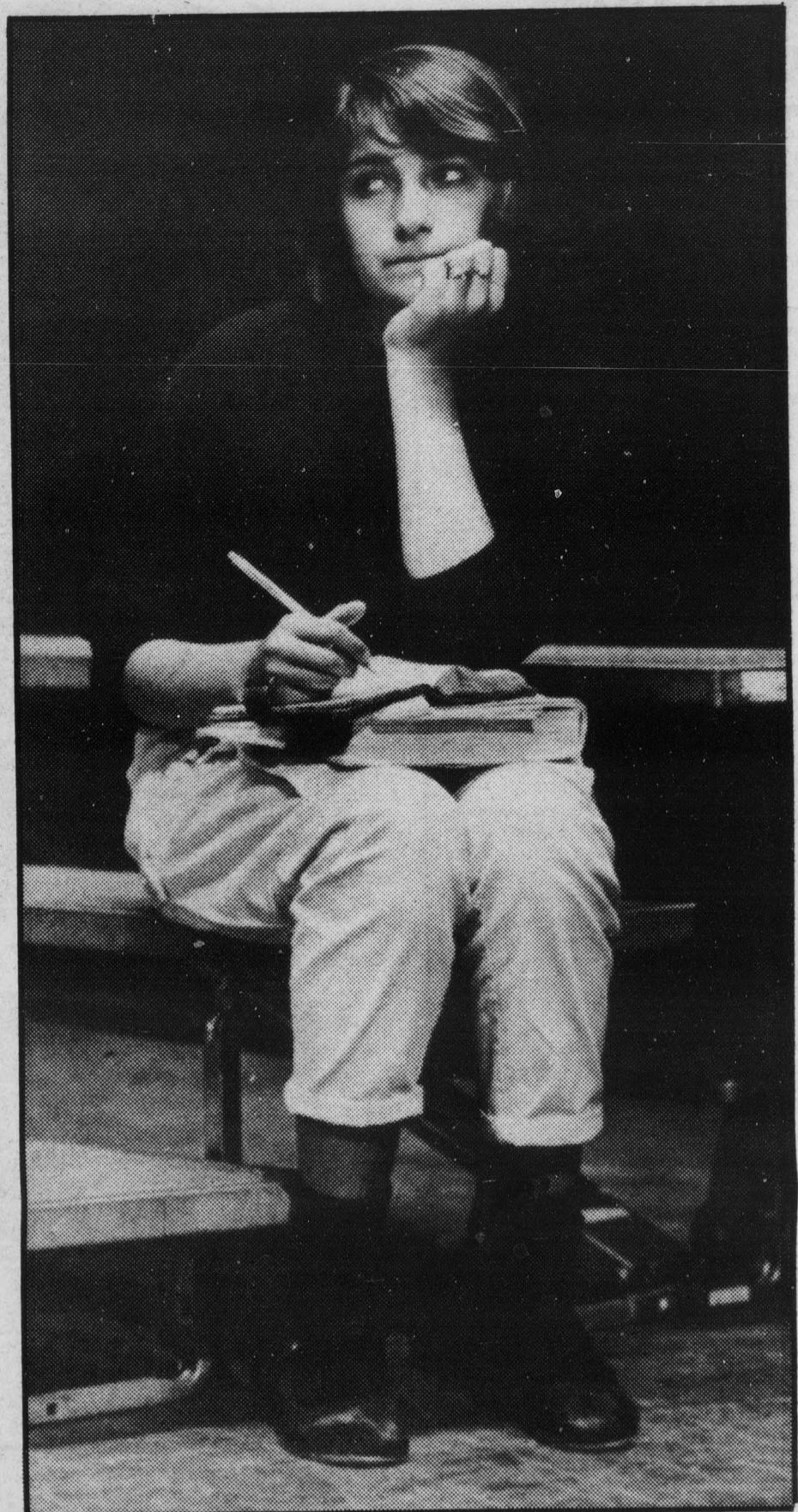
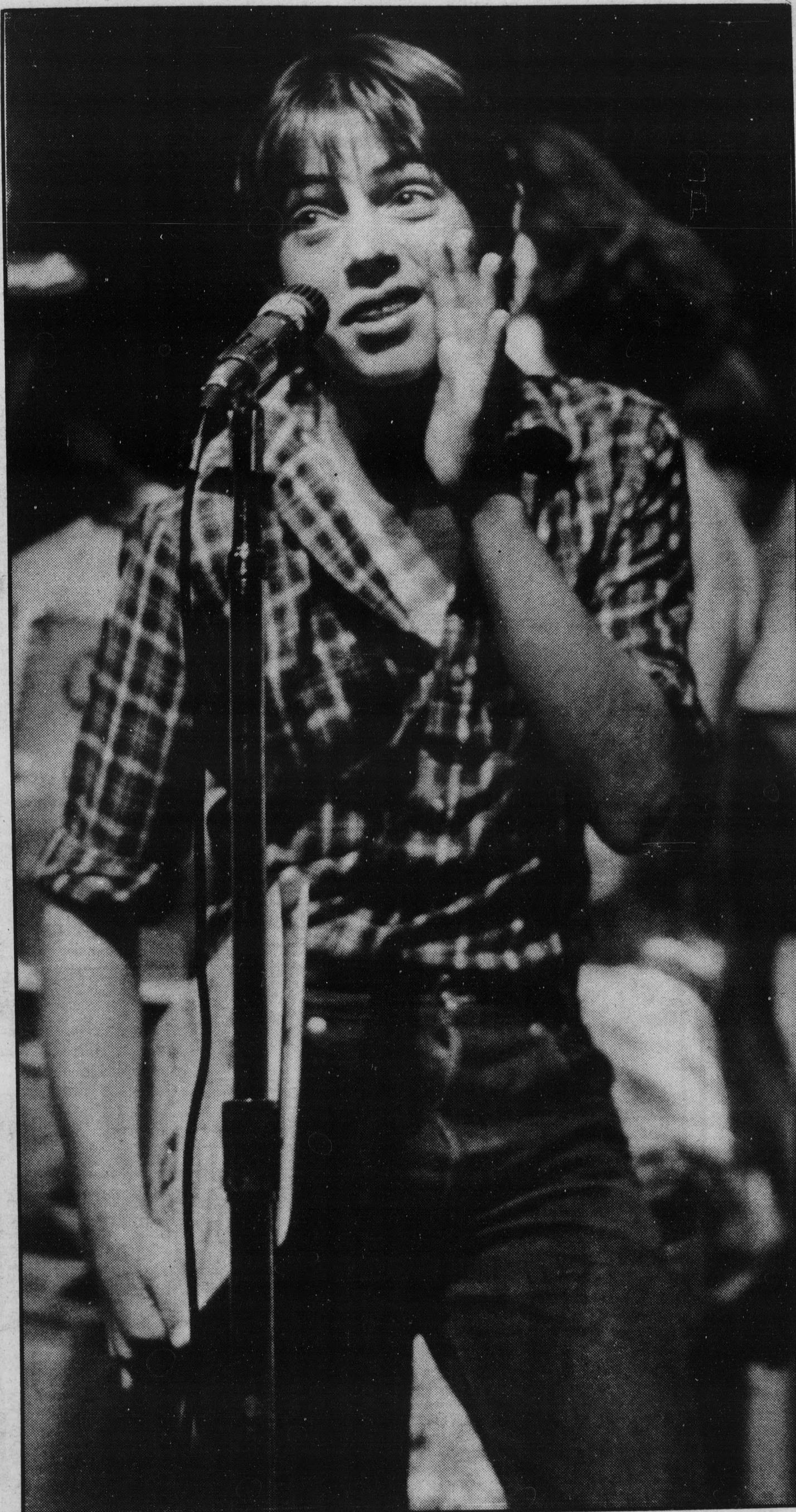
"Having trouble at home like my mom getting

divorced or I don't like my baby brother; I can get into, I can relate and get into the character," said Susan Buck, a cast member. "You'll really think they (the characters during the show) are up there, not just us."

At the end of the drama the characters begin to solve their respective problems and celebrate at a school dance. "They all say 'here's my problem and I have to deal with it' and they do," Buck said.

Are real students' problems solved as easily as the ones on stage? "Well, maybe," Buck said, "If you have the right people around ... like good friends." □





Above, Rachelle Tarin plays the lead in the musical 'Coming of Age.' Tarin plays Karen, a lonesome newcomer to a junior high school. The musical drama has only parts for adolescent actors. The large cast of characters are representative of a typical junior high school class: the class jock, the class geek, characters who don't want to grow and others who can't wait to become adults. The production was the culmination of two years of training for Alta Loma Junior High School eighth grade choral classes. The show addresses personal problems teenagers struggle with, peer pressure, trouble at home, and trying to get someone to listen. More than 80 cast members sang the "Puberty Blues" during this year's production 'Coming of Age.'

Story by Terri Tirella
Photos by Jim Black

Calendar /from Page 10

Cucamonga Elementary School District board of trustees meets the second Wednesday of the month, at 7 p.m. in the district's board room, 8776 Archibald Ave. in Rancho Cucamonga.

Rancho Cucamonga's Planning Commission the second and fourth Wednesday of the month at 7 p.m. in Lions Park Community Center, 9161 Base Line Road, Rancho Cucamonga.

Central School District board of trustees meet the second and fourth Wednesday of the month at 7:30 p.m. at district office, 9457 Foothill Blvd. in Rancho Cucamonga.

THURSDAY, JUNE 13

Full Gospel Businessmen's Prayer Breakfast is held every Thursday morning at 6:15 a.m. at the Iron Skillet Restaurant, H Street and Euclid Avenue in Ontario.

Soroptimist International of the Foothills meets every Thursday morning 7 a.m. at Coco's Coffee Shop, at Euclid Avenue and Foothill Boulevard in Upland. For more information, call 980-7331.

Rancho Cucamonga VIP Seniors hold their weekly meeting today at 9:30 a.m. Membership is \$2.50 per year and open to anyone 50 or older. Meetings are held at the Rancho Cucamonga Neighborhood Center, 9791 Arrow Highway.

Upland Host Lions Club meets in the Upland Women's Club at 12:15 p.m. every Thursday, 590 Second St.

Al-Anon, family members of alcoholics, meets this evening from 8 to 9:30 at the Church of Jesus Christ of Latter Day Saints, 1111 W. 14th St., Upland, 8 to 9:30 p.m.

Alcoholics Anonymous meets from 8 to 9:30 at the Neighborhood Center, 9791 Arrow Highway in Rancho Cucamonga.

The Homeowners and Renters Association meets every Thursday from 1 to 5 p.m. in the Neighborhood Center, 9791 Arrow Highway, Rancho Cucamonga. Call 982-5619 or 987-1618, for more information.

Upland Chess Club meets from 7 to 11 p.m. in the Community Center, 352 E. C St.

Light House Brethren In Christ will present "New Beginning in Christ" a chemical dependency support program, each Monday, at 7 p.m. in the north room. The group meets at the church on the corner of Hellman and Base Line Road in Alta Loma. For more information, call 987-0233.

Traffic tips are offered

Rancho Cucamonga Deputy Sheriffs will be concentrating traffic enforcement at Foothill Boulevard and Baker Avenue.

Deputies will be issuing citations to motorists who fail to obey traffic laws and speed limits.

Motorists are reminded too that right turns at red lights are permitted if after making a complete stop, it is safe to do so and there are no signs prohibiting it. The driver making such a turn must yield the right-of-way to pedestrians in the crosswalk.

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10 reasons to give up cigarettes

By Debra Cooper
Copley News Service

Although some 55 million Americans smoke, surveys show that 85 percent would like to quit and a great many have tried at least once.

Sure, some people really enjoy smoking. Probably the same type of people who enjoy hang gliding, drag racing, bull riding and skyscraper climbing — people who like to take risks. Risks like a 10 times greater chance of developing lung cancer.

And that's only one reason to quit smoking on a list compiled by the Health Insurance Association of America. Based on statistics from the American Cancer Society, the National Center for Health Statistics and the American Council of Life Insurance, the reasons include:

- About 75 to 80 percent of all lung cancer cases are found among cigarette smokers, who represent less than one-third of the adult U.S. population.

- Cigarette smoking has been implicated in cancer of parts of the body other than the lungs, including the mouth, pharynx, larynx, esophagus, bladder, kidney and pancreas.

- For those who smoke two or more packs of cigarettes daily, the risk of developing lung cancer is 15 to 25 times greater than it is for non-smokers.

- Lung cancer is the No. 1 cause of cancer death among men — and in the last 30 years, there has been a 400 percent increase in women's lung cancer deaths. By the late 1980s, lung cancer is expected to surpass breast cancer as the No. 1 cancer killer among women.

- A life insurance company study found that the average life expectancy for a 32-year-old non-smoking male is 79 years. For men the same age who smoke, it's 72 years — 7 years of life gone up in smoke.

- Workers who smoke have an absenteeism rate 30 to 40 percent higher than non-smokers and have a 50 percent greater chance of hospitalization than their non-smoking colleagues.

- Employers, on the average, are spending almost \$300 extra per smoker each year in insurance claims alone.

- One study of job-related accidents found that the total accident rate among smokers is twice that of non-smokers.

- Cigarettes are the cause of more than one-third of all fire deaths. Nearly 18 percent of fires in one- and two-family dwellings are related to smoking.

In 1981, cigarettes started fires in more than 63,000 homes, killing more than 2,000 people.

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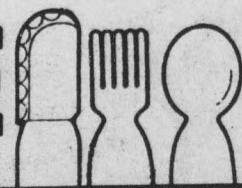
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ENTERTAINMENT & DINING GUIDE



HOBBIES

By Dan Berger
Copley News Service

As a wine producer, the United States competes favorably with the products of every other nation.

Our Cabernet Sauvignons are stern competition for Bordeaux. As French Burgundy declines in quality, California Pinot Noir becomes a superb contender. And the Chardonnays of today are good matches for anyone's White Burgundy.

Only in Riesling is America trailing. Germany remains predominant in this field. Yet in the last year or two, American producers have made considerable progress, accomplishing more with the Riesling grape than ever before.

In the recent past a problem with Riesling in California has been the wine makers' insistence on gaining full ripeness, which has led to wines of uncommonly high (by German standards) alcohol. Riesling made in Germany is rarely above 9 percent alcohol, and it is not unusual to have 7 percent and 8 percent alcohol Rieslings. (In many areas of Germany, the grapes can't fully ripen, and the lower sugars in them result in lower alcohol in the wine.)

Because California gets an overabundance of sun, the Riesling grape ripens fairly fully, and in the past we have seen Rieslings with 12.5 percent and 13.5 percent alcohol. These have

the delicacy of a mace and chain.

In the book "Wines: Their Sensory Evaluation," Maynard Amerine and Edward Roessler say, "If White Riesling is brought to full maturity in a warm season or region of California, the berries may brown and in the warmer regions or seasons the acidity of the juice is too low. California producers of a dry White Riesling should normally harvest the fruit before it reaches full maturity, even if the varietal aroma of the resulting wine is reduced."

That suggestion apparently is being adopted.

Even in warmer regions, wine makers are using a more delicate hand.

And in the cooler regions of Washington state, Oregon, New York, and in California's Monterey and Mendocino counties, Rieslings of true delicacy and floral qualities are being made.

David Lake, a British Master of Wine and the wine maker at Columbia Winery in the state of Washington, says he now picks his Riesling a bit younger on the vine than in the past.

"Also, I'm fermenting them out rather slowly," he said. "It takes about two months for the fermentation to complete." Such a slow fermentation retains much of the natural fruitiness, and makes for a more floral, complex wine.

The 1984 Columbia Winery

Riesling "Cellarmaster's Reserve" (\$8) is a remarkable wine. Its 7 percent residual sugar is balanced by high acidity, and its amazing aroma is pure Riesling. This is luscious wine.

Lake is not the only non-California winery making exceptional Riesling. Woodbury, Gold Seal, Heron Hill and Wagner, all of New York; Amity, Shafer, Siskiyou, and Sokol Blosser of Oregon; Wordens, St. Michelle, Paul Thomas, and Languth of Washington, and St. Chapelle of Idaho have made exceptional Rieslings in the last year.

And to those who thought California's climate was too warm, a word of update: Californians have achieved more with this variety than anyone could have guessed just a couple of years ago.

True, Chateau St. Jean, Jekel, Fetzer and others have had success making attractively styled Rieslings in the past. But now such names as Callaway, Mount Palomar, Haywood, Santa Barbara, Ballard Canyon, Zaca Mesa, Mirassou, Kendall Jackson, Clos du Bois, Stag's Leap and many others are leaping to the fore with fine efforts.

Among the best I've tasted this year is the surprising 1984 Callaway (\$5.50), a wine of uncommon character. There is a slight flinty hint in the aroma, but a peach and carnation florality to the whole package.

STAMPS

By Lea Blauvelt
Copley News Service

Britain's major contribution to safety at sea will be celebrated in a set of four special stamps to be issued there June 18.

This year marks two important dates in maritime safety: the 200th anniversary of the unimmovable lifeboat and the 50th anniversary of the invention of radar. Britain also is hosting the 11th Conference of the International Association of Lighthouse Authorities in Brighton during that week.

The mainstay of the rescue services at sea is the Royal National Lifeboat Institution, and the 17-pence stamp shows an RNLI lifeboat being launched in answer to a distress signal from a dinghy. The rotating aerial of a marine radar signal can be seen on the lifeboat. Radar is now an essential navigational aid carried by nearly all seagoing vessels.

Lighthouses have guided mariners for centuries.

Illustrated on the 22-pence stamp is the Beachy Head lighthouse, seen against the background of a trawler rounding the famous headland.

Before the Space Age, ships at sea had to rely on short- or medium-wave band radio. With the advent of satellites, ships now can be linked to all onshore telecommunication facilities, including an automatic link to rescue services. The 31-pence stamp features one of the latest European-built communications satellites — Marecs A — which is part of a global transmission service provided by the International Maritime Satellite Organization.

Buoys play a more traditional role in safety at sea, indicating routes to ports or warning of hidden dangers. Trinity House, shown on the 34-pence stamp, has been instrumental in developing a worldwide standard for buoys.

The stamps were designed by Newell and Sorrell, a London

design consultancy.

AUSTRALIA — Among the most precious commodities on Earth are fertile soil, clean air, life-giving water and the finite energy resources. These elements are highlighted on the new Conservation stamps issued by Australia on May 15.

Designers Lyndon Whate and Grant Jorgenson chose a surrealist art style for this colorful set of four stamps focusing attention on the critical conservation elements.

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PSYCHIC & CARD READINGS

Senior golf tourney scheduled for July

980-2634.

The seniors have also elected new officers for next September's bowling league. Serving as president will be Manny Sciandra. Toney Jennison will be secretary and treasurer.

The senior information window is open Monday through Friday, from 9 a.m. to noon, at the Rancho Cucamonga Neighborhood Center, 9791 Arrow Highway.

Gaggle goose hoop art class planned at church

Creative Christian Women of Hillside Community Church in Alta Loma will host a gaggle goose decorative hoop crafts class on Monday, June 17 at 7 p.m.

The crafts class features a wall hoop with a padded goose in a choice of colors on an off-white background. Class instructor for the project is Melinda Doster of the Fabric

Gallery in Alta Loma.

Class will be held at Hillside Community Church which is about one-half mile north of Chaffey College on Haven Avenue in Alta Loma.

A \$7.50 fee will be charged for materials and must be paid in advance. Registration is by mail or at the church office.

For more information, call 980-2191 or 987-4558.

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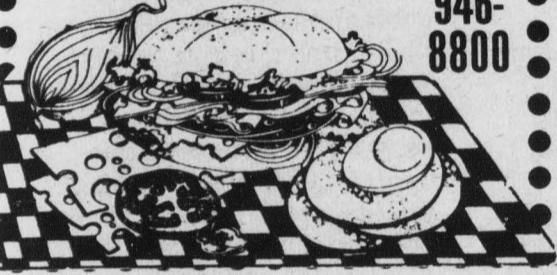
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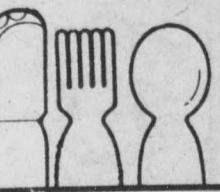
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ENTERTAINMENT & DINING GUIDE



'Streetwalkin'' tells ugly story of prostitution

By Bill Hagen
Copley News Service

HOLLYWOOD — Portrait of a dazed doorman:

The scene is a sedate — sedate enough to have a doorman, anyhow — Manhattan apartment building, in which are ensconced Joan Freeman and Robert Alden (married), a nice, young couple.

The thing is, they have collaborated on a screenplay, which Alden will produce and Freeman direct, under the aegis of Roger Corman. It will be the feature-movie debut for Alden and Freeman, just another undertaking for Corman.

Corman is many things in the film industry, such as its most prolific maker of movies and perhaps the best friend drive-in theaters have. He is to drive-ins what Neil Simon is to dinner theaters. He is also one of the few people in the industry willing to give new talent a chance. So maybe his reasons aren't altogether altruistic. Newcomers work cheaper. But at least he gives them an opportunity.

Whatever his virtues and vices, Corman has never been renowned for extravagant budgets, which is why Alden and Freeman were holding auditions for their movie, "Streetwalkin'," in their apartment, slightly illegally because of zoning restrictions. And there were plenty of applicants.

"Streetwalkin'" is not a movie about one of those vertebrae-destroying fads foisted off as dancing. It's a very ugly, dark and violent story of the world of

Review

prostitution, peopled with brutal pimps and burnt-out women, many of them very young.

Well, if an actor is going to audition, might as well dress the part. So it was that a stream of garishly garbed, would-be pimps and would-be hookers in outfits to make a Frederick's of Hollywood catalog demur by comparison flowed into the building, all of them asking for the apartment of Alden and Freeman, that nice, young couple.

"The doorman," Freeman said, "was flabbergasted."

Probably no more flabbergasted than audiences at "Streetwalkin'" will be, particularly in light of the fact that it's the work of two 31-year-olds who met as undergraduates at Harvard University. Freeman is a magna cum laude graduate

and worked for a while on such prestigious television series as "Nova" and "Walter Cronkite's Universe," neither of which would seem to be a training ground for "Streetwalkin'." Alden, also an honors graduate, has a master's degree in business administration for the Harvard Business School. He worked as an oil geologist, then as a consultant to major corporations. Another peculiar background for the movie that would follow.

When the couple settled on the idea of making a feature movie about prostitution, they also agreed that a great deal of research would be required. They realized it could be dangerous, for the world of prostitution is as volatile as it is closed to outsiders.

"We did most of our research in Boston," Freeman said, "and the more we got into the subject, the more shocking and upsetting

it became. We heard some incredible stories from Boston police, terrible stories. But we couldn't get very close to the source. It's very difficult to get to know them, the pimps or their women. They're very suspicious. Outsiders are either trying to con them, or they're probably cops."

With the cooperation of Boston police, who were never far away, Freeman visited a notorious pimp haven, a bar, posing, she said, "as fresh meat." Her husband was in the same bar, posing as a john.

"I ordered a drink and waited," Freeman said, "but nothing happened. After a while Rob offered to buy me a drink, but I told him I wasn't interested. ('Shot down by my own wife,' Alden said.) I think maybe I was dressed wrong. I was wearing a turtleneck and blue jeans. They

probably thought I was a cop, or someone else's hooker. There's a code about that kind of thing."

Finally, after rejecting another offer of a drink from her husband, Freeman was approached by a real-life pimp. Then another. And another.

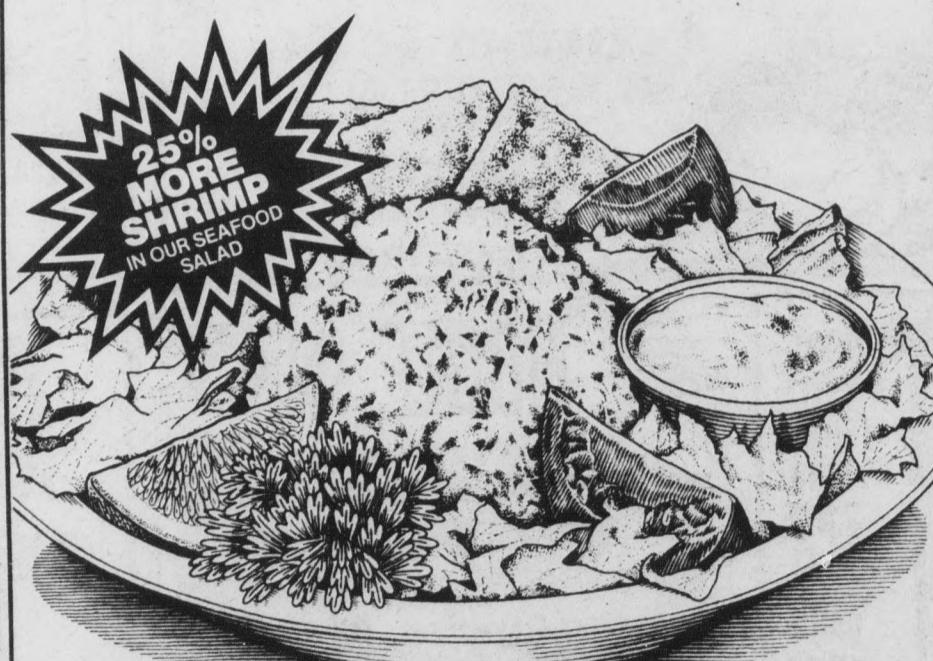
"But," Freeman said, "it was just a basic bar pickup."

But it was also something of an ice-breaker, and Freeman and Alden eventually got to talk with people in the life. Much of that research and some of the characters, changed a little, were incorporated into the movie.

Freeman displays flair and imagination as a director — especially effective is the contrast between the almost-pristine splendor of Manhattan seen from a distance at sunset and sunrise and the dreadful squalor of the streets.

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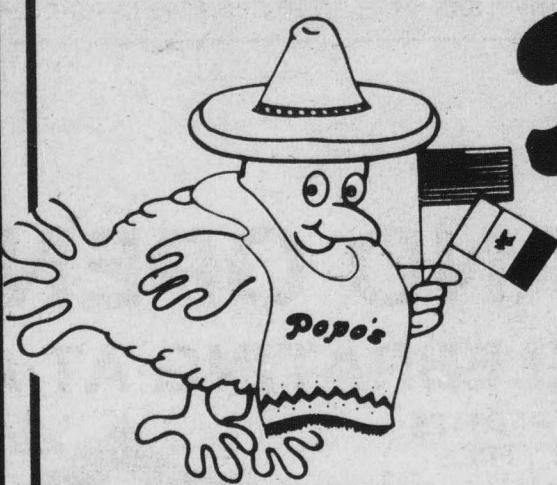
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DINING GUIDE

This Week's Featured Restaurant:



Popo's

Charbroiled Chicken Mexican Style

Popo's, a new specialty restaurant, can be found at 6749 19th St., in Alta Loma. The cafe sits on the south side of the Von's Shopping Center at the corner of 19th and Carnelian streets.

In business only three months, this new kid in town is not new to the eatery business nor to the Mexican style charbroiled chicken cuisine Popo's specializes in. In fact, the Alta Loma Popo's is an offspring; the first Popo's has been successfully established in Pico Rivera.

Frank Arbizu, owner of Popo's began his cooking career 17 years ago in the Navy and clearly remembers his first assignment; cole slaw for 1500 people. "That's a lot of cole slaw," jokes Frank.

Now married and father of four, Frank is well aware of the problems involved in dining out with small children. Keeping both children and parents in mind, a play area was established with bright wall paintings, a carpeted floor and toys for playing. The play area provides a safe place for the children to entertain themselves before and after dinner and allows the grownups a chance to relax and talk over the day.

Popo's restaurant offers chicken deliciously prepared charbroiled Mexican style. Creating the tastiest chicken begins with marinating plump and juicy whole Zacky or Foster Farms chickens in Popo's own secret marinade. The chicken, once properly spiced, is charbroiled before your eyes, a mouthwatering and appetizing sight.

An added bonus is that Popo's chicken is neither breaded nor deep-fried and is only 39 calories per ounce. A definitely delicious and filling way to avoid calories.

As side orders, Popo's offers macaroni, potato and cole slaw salads, beans, rice, and corn-on-the cob, all prepared in Popo's kitchen. Also available and highly praised is Popo's authentic, fresh homemade salsa served with corn tortillas.

Popo's offers dining, take out and catering, and is open 7 days a week; Monday through Friday, 11 a.m. to 9 p.m.; Saturday and Sunday, 2 p.m. to 9 p.m. With Popo's in town take the night off and let them do the cooking.

8794 19th St., Alta Loma 989-2993

(19th & Carnelian • Von's Shopping Center)

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The Almost
Two Pound T-Bone!

A hearty 22 oz. charbroiled T-Bone steak dinner...complemented with fresh whole mushrooms, a garden fresh tossed salad, piping hot baked potato and a fresh from the oven roll.

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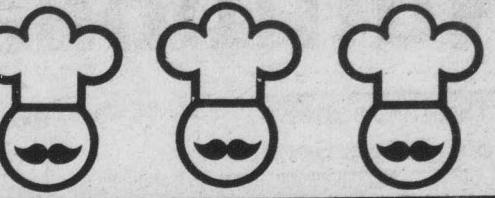
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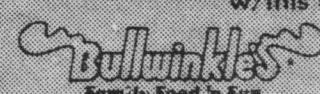
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Nutritional diet can help prevent diseases

By Debra Cooper
Copley News Service

Can diet really help alleviate some common illnesses?

Yes, according to government researchers and other medical investigators.

Clinical studies reveal that proper nutrition can prevent and curb such diseases as herpes, osteoporosis, heart attack, high blood pressure, stroke, diabetes and hypoglycemia.

Here are advances in the nutritional treatment of these diseases, selected by Francine Prince, a best-selling author on eating and cooking for better health.

• Herpes. Both herpes simplex I, which causes cold sores, blisters and skin eruptions, and herpes simplex II, which attacks the genitals, have been treated successfully with a diet rich in lysine and low in arginine, augmented with L-lysine supplements.

Drs. Christopher Kagan, Richard Griffith and Arthur Norins, conducting research at the Indiana School of Medicine, discovered that the herpes virus grows rapidly in the presence of arginine but is inhibited by lysine.

Lysine is an essential amino acid found in substantial quantities in everyday foods like fresh and canned fish, seafood, chicken, turkey, egg whites, potatoes, low-fat milk, yogurt and cheese.

Arginine, which is to be

avoided, is a non-essential amino acid present in chocolate, nuts and seeds, processed cheese, most grains, canned peas and beans and red wine.

• Osteoporosis. Almost epidemic among older women, this weakened condition of the bones results in millions of bone fractures and tens of thousands of deaths each year.

The cause, according to Dr. Morris Notelovitz, author of a book on this subject, is A diet deficient in the mineral calcium.

High-calcium foods to counteract this disease include low-fat milk, yogurt and cottage cheese, canned salmon, shrimp, oysters, tofu and dark-green leafy vegetables.

• Heart Attack. A federally sponsored 10-year study recently confirmed that lowering intake of cholesterol-rich foods may help prevent heart attack.

For every 1 percent reduction in blood cholesterol, the rate of coronary heart disease declined 2 percent, the study revealed.

Cholesterol, a waxy alcohol, is a dominant component of egg yolks, red meat, organ meats (such as brains and kidneys), cream and whole milk and their products, commercial baked goods and animal fats.

There is no cholesterol in vegetables, fruits, seeds, grains and vegetable oils.

• Diabetes. A breakthrough in the treatment of adult-onset diabetes by Dr. James W. Anderson, professor of medicine and clinical nutrition at the University of

Kentucky, features a high-fiber diet.

This diet enables his patients to control blood sugar levels better and thereby reduce or eliminate the need for insulin. Diabetes

is characterized by high blood sugar levels.

A high-fiber diet also lowers the level of blood cholesterol and fights obesity, Anderson reports.

See DIET/Page 26

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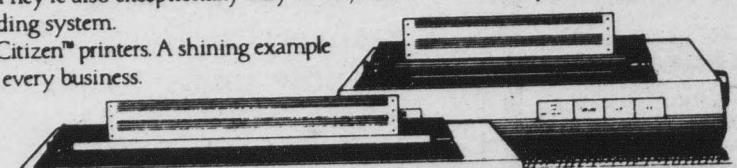
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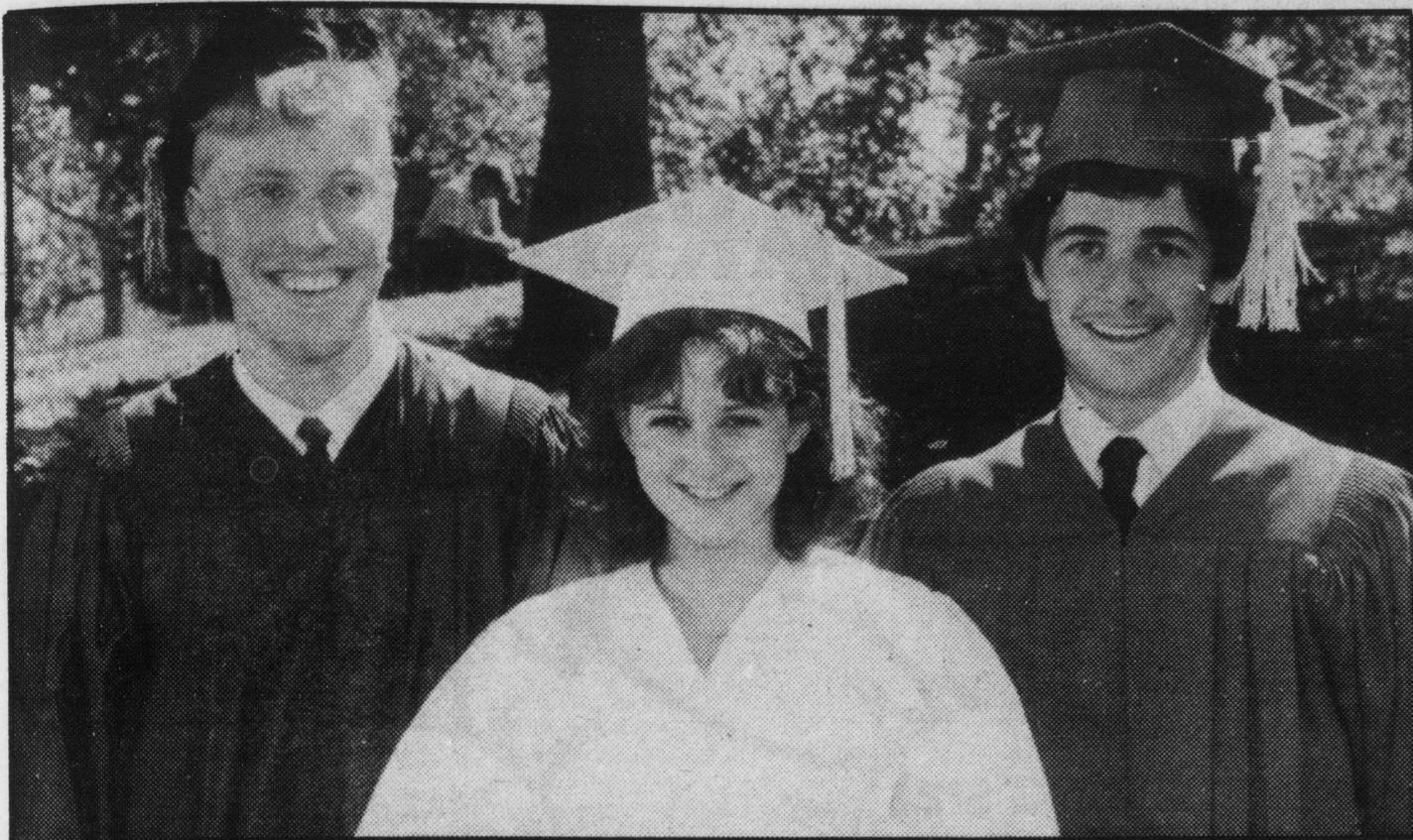


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BEST OF THE CLASS — A series of 30 second announcements are airing on Channel 4 through mid-July honoring over 200 local valedictorians and academic achievers. Three of those being honored are, from left, Kai Brothers of Upland High School; Wendy Morin of Ontario High School; and Tony Zehenni of Rim of the World High School.

Neighbors/from Page 4

All are with the city of Upland Fire Department.

□ □ □

Sgt. James F. Coughran of Upland has been awarded the Air Force Achievement Medal at March Air Force Base.

Sgt. Coughran is an Air Force Reservist assigned as an aircraft maintenance specialist with the 452nd Air Refueling Wing. He is the son of Mr. and Mrs. Frederick R. Coughran.

Coughran was commended for his participation in preparations for a joint SAC/Air Force Reserve Operational Readiness Inspection which resulted in the 452nd receiving the second highest adjectival rating.

Coughran has been with the 452nd since October 1977. He is a graduate of Upland High School and lives with his wife Cheryl in that city.

□ □ □

Robert E. Falk, a senior staff member at Boys Republic in Chino since 1975, has been named associate director of the home and school for disadvantaged boys, it was announced by Max Scott, executive director.

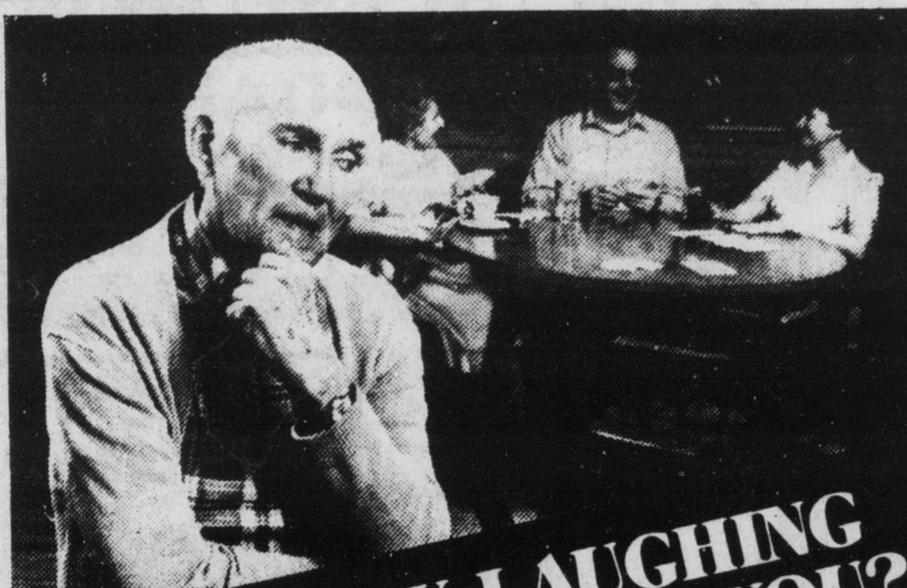
Falk succeeds Ray Rodelander, who has retired after 20 years service at Boys Republic.

Falk originally joined Boys Republic as director of admissions. He later assumed responsibilities as director of staff training and development and as a supervising case worker.

A graduate of City College of New York, where he earned the New York State Regents' Award in each of four successive years, Falk later earned master's degrees at the University of Pennsylvania and Cal State Fullerton. He taught in the Philadelphia public schools, conducted research at Elwyn

Institute and the University of Pennsylvania, and served with the American Peace Corps in India before coming to California.

He resides in Upland with his wife, a poet and lecturer in the English department at UC Riverside. They have two daughters.



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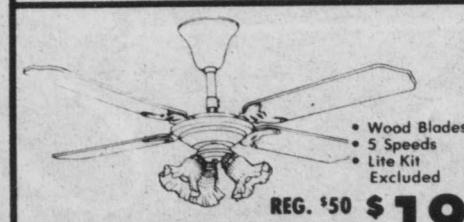
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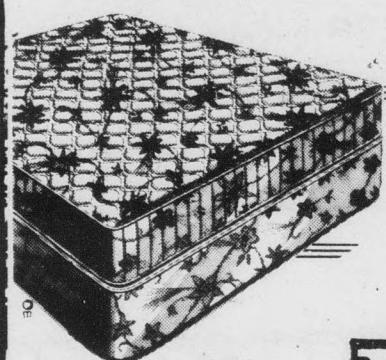
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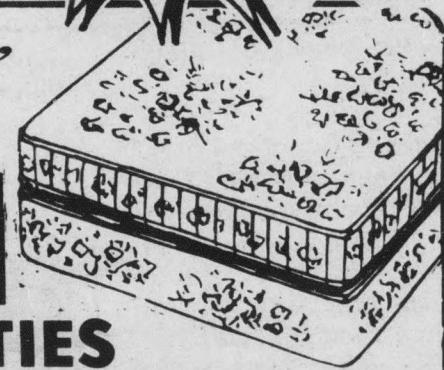
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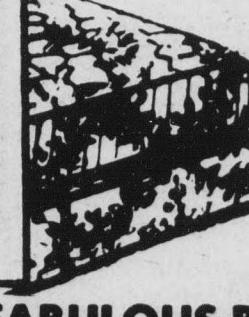
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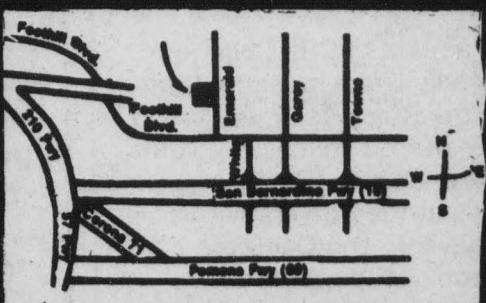
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FIRE CALLS

Upland Fire Department handles a wide variety of calls every week. Information provided here is compiled and submitted by the fire department to give taxpayers a glimpse of the types of alarms it answers.

May 24

Accident. 18-year-old male with laceration to index finger. Wound dressed. Victim to be taken to see doctor by friend. 1000 block West Ninth Street.

Ill subject. 80-year-old female incontinent, feels ill, diminished grip, weak in legs. Taken to hospital by ambulance. 1800 block North San Antonio.

Seizure. 14-year-old female with seizure-like symptoms, difficulty breathing, fainting. Taken to hospital by ambulance. 1700 block North Third.

Water salvage. Removed approximately five gallons water from hallway area from overflowing bathtub. 1500 block North Third.

Reported rescue. Informant reported possible miscarriage. Unable to locate address, possible false report. 900 block Benson.

May 25

Grass fire. Unknown set fire to grass and leaves in parking lot of hospital. No damage. 900 block San Bernardino Road.

Kitchen fire. Child playing with toys put plastic toy in oven while oven was on. Toy ignited. Approximately \$300 damage, no injuries. 800 block Washington.

Illegal burn. Found occupant of residence burning leaves in drum. Told to extinguish as it was illegal. 2300 block Orange.

Water salvage. Removed approximately five gallons of water from residence. 1500 block Redhill North.

Asthma attack. 75-year-old female having difficulty breathing. Taken to hospital ambulance. 300 block Spencer.

Fall victim. 84-year-old female had chest pains, difficulty breathing after fall. Taken to hospital by ambulance. 800 block North Fourth Avenue.

May 26

Ill subject. 65-year-old male with back pain, chest pain. Is cancer patient. Taken to hospital by ambulance. 400 block Alpine.

Snake bite. Victim was transported to hospital prior to engine company arrival. 1500 block Redwood.

Reported heart problem. Unable to locate anyone there. Informant called later and stated they had transported victim to hospital themselves. 100 block North 13th Avenue.

Alarm ringing at hospital. Found to be smoke only. Plastic plate placed on burner. No fire. 900 block San Bernardino Road.

Outdoor fire. Found to be furniture pad smoldering in parking lot of restaurant. Pad extinguished. Unknown cause of fire. 300 block South Mountain.

May 27

Fight victim. 41-year-old male with possible broken hand, pain in ribs from fight on previous day. Taken to hospital by ambulance. 1200 block West Seventh Street.

Heart problems. 69-year-old male had gone into full arrest prior to our arrival. Was given CPR by police officer. Victim breathing and had pulse on our arrival. Taken to hospital by ambulance. 200 block South Third.

Difficulty breathing. 73-year-old male having difficulty breathing. Taken to hospital by ambulance. 1200 block East 13th.

Difficulty breathing. 3-week-old baby boy having difficulty breathing. Taken

to hospital by ambulance. 1200 block Elmer Court.

Gunshot wound. 26-year-old female with multiple gunshot wounds to body. Transported to hospital. CPR initiated. 300 block Alpine.

Difficulty breathing. 70-year-old female possible prescription medication overdose. Taken to hospital by ambulance. 600 block East Pine.

Difficulty breathing. 37-year-old female having difficulty breathing. Taken to hospital by ambulance. 1500 block West Eighth Street.

Trash fire. Unknown person discarded charcoal from barbecue into trash container which eventually ignited. No damage. Upland Memorial Park.

May 28

Gasoline leak. Vehicle with hole in gas tank leaking in parking lot. Hole plugged and spilled gasoline covered with dirt. 800 block North Euclid.

Fall victim. 13-year-old female with pain in hip and lower back. Taken to hospital by ambulance. 600 block North Fifth Avenue.

Traffic accident. 43-year-old male with soreness to hip and rib area, numbness in shoulder, back and neck. Taken to hospital by ambulance. Foothill and Benson.

Fall victim. 42-year-old male had recent surgery on foot, re-injured foot. Taken to hospital by ambulance. 1300 block Aster.

Back pain. 55-year-old male had severe back pain, could not sit. Taken to hospital by ambulance. 500 block Deborah.

May 29

Heart problem. 58-year-old male found in full arrest. CPR administered, transported to hospital by ambulance. 600 block North 13th Avenue.

Traffic accident. 15-year-old male with abrasion to upper arm and pain to lower leg. Second victim, 15-year-old male with pain in lower leg. Both transported to hospital by ambulance. 14th and Magnolia.

Traffic accident. 21-year-old male with lower back pain, hit head on windshield. Taken to hospital by ambulance. Second

victim stated he did not need ambulance, would seek own medical attention. 800 block East Foothill.

Talk. Gave fire safety talk and information on Fire Department to Upland High School student.

CPR class for citizens. Seven people in attendance.

Alarm malfunction. At the hospital.

May 30

Traffic accident. 57-year-old female hit chest on steering wheel, pain in chest and both knees. 30-year-old female with pain in temple area and hip area. Both taken to hospital by ambulance. Eighth and Euclid.

III baby. 21-month-old baby boy reportedly had convulsions, high temperature. Wiped down with cool

wash cloths and taken to hospital by ambulance. 1800 block North Wilson.

Fall. 34-year-old male fell from bicycle. Laceration to face, pain in lower back, abrasion to hand. Taken to hospital by ambulance. 400 block North Euclid.

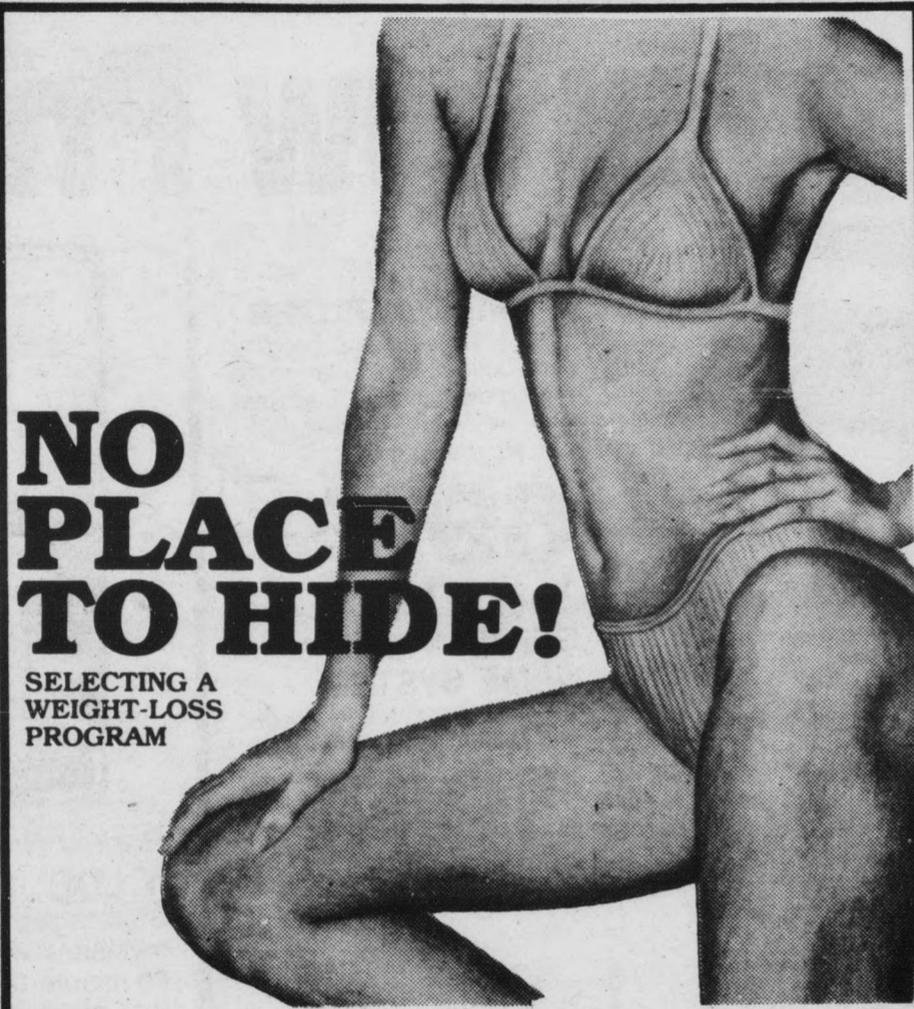
Chest pains. 72-year-old female having chest pains. Taken to hospital by ambulance. 1300 block San Bernardino Road.

Chest pains. 64-year-old male with chest pains. Taken to hospital by ambulance. 900 block East Foothill.

Alarm investigation. Alarm malfunction. 400 block North Central.

Alarm in Montclair's area. Canceled en route.

Alarm malfunction. At the hospital.



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Las Vegas/from Page 13

tightrope-walking acts were in progress with lots of music and drum rolls. (Nets were in place. God forbid an acrobat should fall on a Keno player.)

When we reached the safety of our rooms, there was a surprise. Both had been done by Liberace's tailor.

Mr. Wizard and I shared one that screamed turquoise and rust. The bed, raised on a dais and surrounded by mirrors, was flanked by two enormous gilt lions with lampshades coming

out of their heads. There were also a couple of Greek columns and some circus bunting swagged across the room.

My mother, almost ready to note three-quarters of a century on this Earth, was standing in the middle of her quarters, clutching purse to bosom. The room was about the size of a major league stadium. It was done in blood red and black. She also had a full complement of mirrors around her raised bed. Her companion, my mother-in-

law, stood there owl-eyed.

"My goodness, I don't see why they need so many mirrors in here," my mother offered.

"Let's go have dinner," said Mr. Wizard, firmly closing the conversation.

(Incidentally, you've never known real adventure until you've gotten up in the middle of the night and stepped off a raised platform into midair.)

Since, as we say, my life is my work (I am a restaurant critic), we chose a restaurant favored by

the non-tourists and away from the strip. The only problem was that we had to negotiate the casino again in order to get outside.

Emerging and trying to straighten our clothes, we scrambled into the first cab. After a tranquil ride away from the strip, we arrived at what always will be to me the epitome of an oasis in the desert. No huge neon signs blinking, no snarled traffic, no slot machines or clowns serving bourbon and 7.

Tillerman's is a beautiful freestanding restaurant that has been open about three years. The interior is two level and features a sliding glass roof that opens to the desert sky. Living ficus trees soar from floor level and nautical prints are set against desert sand walls.

The menu is an accolade to air freight. Fresh Norwegian salmon, swordfish and monk fish were among the specials that evening.

Diet

/from Page 22

Fiber — the roughage in plant foods — is particularly high in apples, asparagus, cooked beans, berries, broccoli, corn, dried figs, lentils, popcorn, rye wafers and winter squash. High-fiber bran, a diabetes fighter, does not lower cholesterol levels.

• Hypoglycemia. An anti-diabetes diet like Anderson's also can help sufferers from low blood sugar, hypoglycemia, by normalizing blood sugar levels, according to Dr. Martin Feldman, who heads the medicine division of Pratt College's Health and Nutrition Institute.

A drawback of these and other diets, says Prince, is that they're often made up of foods that most Americans find tasteless and boring.

In her seven best-sellers since 1979, however, Prince has transformed good-for-you foods into culinary masterpieces.

After WEASK to reactivate one program

AfterWEASK, West End Advocates for Special Kids, is reactivating its program for school-age developmentally disabled children.

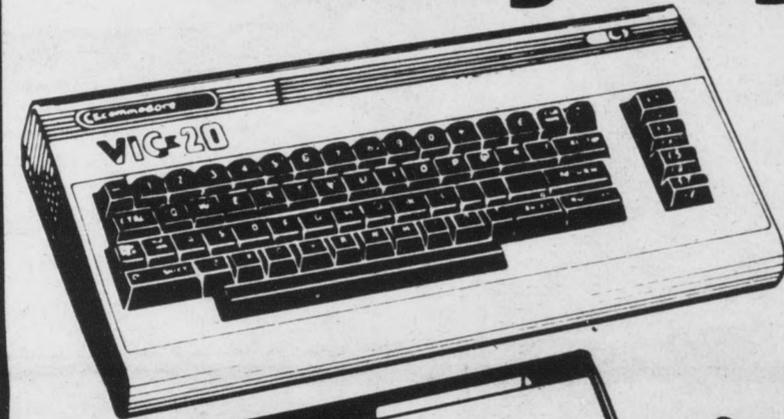
The non-profit parent/professional advocacy organization will begin monthly meetings Monday at 11:30 a.m. at the San Dimas Inn, 204 N. Village Court, San Dimas.

The luncheon is \$2.50 per person. A business meeting covering the subject, "Serving the Developmentally Disabled by Serving the Careproviders" is included. Participants will not be charged for the first meeting but only members will be allowed to attend meetings after Monday.

Reservations can be obtained by calling 946-7446.

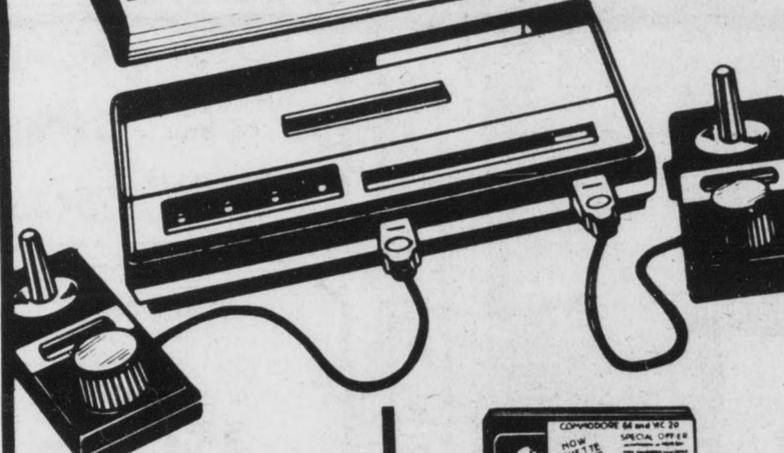
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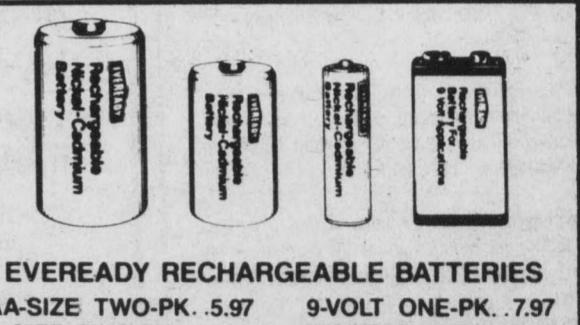
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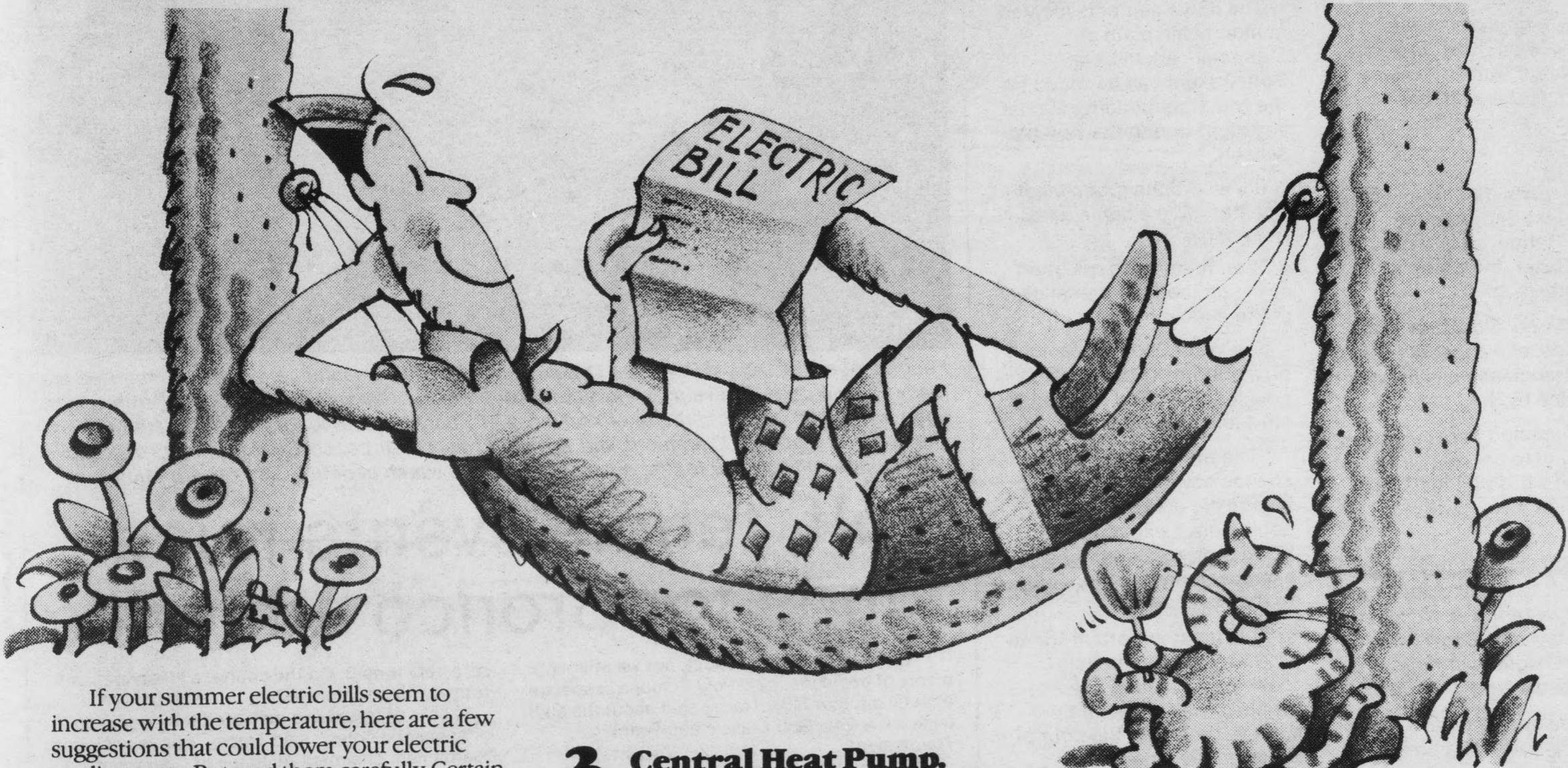
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2. Pre-cooler.

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3. Central Heat Pump.

A heat pump is a year-round heating and cooling system. In the summer, it works as an air conditioner by removing heat from inside your home and pumping it outside. In the winter, a heat pump extracts heat from the outside air and moves it through your home. This is two to three times more efficient than traditional systems. Install a new heat pump and you may qualify for a \$915 cash rebate. Or replace an older model with a new, high-efficiency heat pump for a \$421 rebate.

4. Free Energy Tips Booklet.

"Hot Tips for a Cool Summer" will give you even more ways to save on your cooling bills. It covers things you can do to limit your need for air conditioning and tips on the most energy-efficient cooling appliances. Best of all, it's free. Call 1-800-952-5062 and a Southern California Edison Representative will send you our free booklet right away.

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Southern California Edison

SPORTS

Umpiring not just a job for West End crews

By Anita McSorley

Each member of this association must have the feeling of wanting to be a good umpire and must continually work toward self improvement.

So reads the first by-law of the West End Umpires Association, as authored by Sue Baker, the group's umpire-in-chief.

Not only did Baker write the rule, she expects each of the association's 60 members to abide by it.

"If umpiring becomes a job, it's time to get out," says Baker, whose husband Ray founded the organization 12 years.

Many umpires have chosen to work baseball games out of a love of the sport, whether it is played by 8-to-12 year-old Little Leaguers or high school players.

"Umpires who have been working for a long time," says Ray, "are umpiring because they enjoy what they are doing, they like kids. Besides, how else can you get into a ballgame for free?"

Sue took over the association 10 years ago when Ray chose to manage the American Legion team in Upland. Ray, feeling it was a conflict of interest to be the one assigning umpires for his own games, stepped down. Sue moved in to fill the breach.

She recruits new umpires each January. They must be at least 16 and have a basic knowledge of baseball.

"We hold classes in February and March to go over the basics," she says. "Then we meet every two weeks to discuss any particular problems that they have happened in the field, which need clarification."

"All of our umps have the same rulings. We want all of

them to call the same way. They have to be uniform."

The nerve center is located behind home plate at Memorial park in Upland. Both Bakers can be found in the two-story building almost any night during the baseball season.

It's where the group meets. For many, it's a home away from home.

Then there's the question of the on-the-field presence of the man in blue.

The West End has decided on a uniform of black cap, powder blue short sleeved shirt and gray trousers.

"The first-year umpire spends any money he earns buying his uniform and equipment," explains Sue. "That's why we don't charge a membership fee to belong to the association."

"It is most important for an umpire to go on the field looking and feeling like an umpire," Ray adds. "If he were to go on the field out of uniform, the kids wouldn't respect him."

When do umpires get yelled at the most? "We hear the most yelling for close calls or when the base umpire was not in proper position to fully see the play," Sue noted.

"I tell my umpires to never make a call on the run. Always wait for a ball to go dead before making the call."

What age group is the most enjoyable to umpire? Ray did not hesitate. "The older kids. You can anticipate some of their plays."

"With the young ones, you never know where they are going to throw the ball."

Scheduling 60 umpires for games on a two-week basis is a full-time job for Sue. Does she find time to umpire games herself?

"I don't umpire. Women have no place umping baseball. Softball, yes, but not baseball."



Four members of the Cal Poly Golf Classic and Tennis Tournament executive committee are ready for the June 17 event at Via Verde Country Club. Committee members (from left to right) associate athletic director Mike Tracey of Rancho Cucamonga, Upland's Neil Gerard, chairman Al Jones of Claremont and Broncos basketball coach George Fisher of Rancho Cucamonga will be hand for the noon shotgun start which benefits Cal Poly athletics.

Golf, tennis events raise funds for Bronco athletics

"We're hoping for a sellout, but we still have plenty of openings," Cal Poly Pomona associate athletic director Mike Tracey said about the sixth annual Cal Poly Golf Classic and Tennis Tournament.

The double event is scheduled for June 17 at Via Verde Country Club in San Dimas, but the deadline for entries is fast approaching. Close day for entries to the benefit for Cal Poly athletics is June 13.

The double-barreled event provides funding for Bronco student-athletes' scholarships.

Under the sponsorship of Cal Poly Associates, the official booster organization for the Pomona school, the golf portion will feature a

scramble format. On the courts, a mix-and-match format will be employed.

"Lots of folks have indicated they'll play and/or sponsor a hole," said Tracey, who is assisting tournament chairman Al Jones of Claremont. "With the deadline coming up, it's a good idea to get everything in."

In addition to the various awards to the competitors, major door prizes will also be awarded. Air Cal is sponsoring a roundtrip to Lake Tahoe and Tracey said Las Vegas packages will also be awarded.

Golfers will start with a 12 noon shotgun start, preceded by a putting contest at 10:30 a.m.

Marin awaits word on draft

EDINBURG, Texas — Right fielder Vic Marin, an Upland resident and former Chaffey College standout, is waiting word on whether he's been drafted by any major league team.

Marin, a 6-foot-3 senior, played a major role in helping Pan American University capture 70 NCAA Division I victories the past two college seasons.

This year the Pan American Broncos finished 39-20, just out of the playoff picture.

"Victor Marin carried us for two years," said Jim McKone, Pan American's sports information director. "He hit .371

to lead the team to a 31-27 record when he was a junior. This year he moved into the cleanup spot and some of the nation's best pitchers bore down on him, but he still hit .318."

With seven game-winning hits, Marin also contributed five home runs, two triples, seven doubles and 57 total hits. His 38 RBI ranked second on the squad.

Even more impressive, Marin threw out eight baserunners from right field.

And he posted those numbers against some of the nation's top competition. Pan American played 14 games against teams that ranked in the Top 20 when

they met — Michigan, Oklahoma, Texas A&M and Lamar. The Broncos played more than half their schedule against teams that made the NCAA, NAIA or conference playoffs.

"Vic did the job," veteran Pan Am coach Al Ogletree said. "He can hit and hit with power, and he has a major league arm."

"Marin makes major league plays," Ogletree added. "He makes the exceptional play look routine. I think he should be drafted (by the pros). Vic deserves a chance to play professional baseball. I know he can do it."

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- Excellent handling, stopping and traction
- Quiet performance and long tread life
- Aggressive tread minimizes hydroplaning and adds to control in wet weather.

\$28⁹⁵



SIZE	PRICE
155SR13	28.95
165SR13	38.95
175SR14	41.95
185SR14	43.95
165SR15	42.95
175/70SR13	40.95
185/70SR13	43.95
185/70SR14	45.95
195/70SR14	46.95

**5BR STEEL BELTED
RADIAL
WHITEWALL 155/80R13**

- Fuel savings with low rolling resistance compounds
- Excellent traction, long mileage, quiet ride with unique tread design.
- Extra strength and stability from two steel belts, and sturdy, polyester cord body.

\$32⁹⁵

SIZE	PRICE
155/80R13	32.95
165/80R13	42.95
175/80R13	43.95
185/80R13	44.95
175/75R14	45.95
185/75R14	46.95
195/75R14	47.95
205/75R14	48.95
215/75R14	49.95
225/75R14	53.95
205/75R15	50.95
215/75R15	52.95
235/75R15	58.95

**SUPREME 70
STEEL RADIAL
WHITEWALL
195/70R13**

\$45⁹⁵

195/70R13

- Aggressive all-season tread design for excellent traction in all-weather conditions
- Low rolling resistance saves fuel
- Wide block tread gives outstanding handling

SIZE	PRICE
P195/70R13	45.95
P205/70R13	53.95
P195/70R14	54.95
P205/70R14	56.95
P215/70R14	59.95
P225/70R14	63.14
P215/70R15	62.95
P225/70R15	64.95
P235/70R15	70.95



Callente®

\$32⁹⁵

155SR12
Blackwall

Steel Belted Radial,
Poly Cord for
strength!

Size	Price
155SR12	\$32.95
155SR13	35.95
165SR13	37.95
175SR14	42.95
175/70SR13	42.95
185/70SR13	45.95
185/70SR14	46.95
195/70SR14	49.95



**Import
Radial**

\$26⁹⁵

P155SR12
Blackwall

Steel Belted Radial,
Rayon Cord body, 9
sizes. Good traction!

Size	Price
155SR12	\$26.95
155SR13	31.95
165SR13	32.95
175SR14	36.95
185SR14	39.95
165SR15	35.95
175/70SR13	33.95
185/70SR13	37.95
185/70SR14	39.95

FAST, EFFICIENT SERVICE! "We Care About Your Car!"

**COUPON
SAVE**
**TRANSMISSION SERVICE
\$24.95 MOST CARS**

- New transmission filter
- Add transmission fluid
- Replace pan gasket
- Road test your car
- Automatic transmission
- Inspect reservoir

CALL FOR APPOINTMENT

EXPIRES 6/12/85

**COUPON
MONROE
SHOCK ABSORBER
\$13.95 EACH**
Plus Installation
EXPIRES 6/12/85

**COUPON
SAVE**
**RADIATOR
FLUSH AND FILL
\$21.95 REG.
\$35.00**
CALL FOR APPOINTMENT
EXPIRES 6/12/85

**COUPON
SAVE**
**AIR CONDITIONING SERVICE
\$24.95 MOST CARS**
• We'll pressure & leak test
• Discharge & evacuate
• Recharge system
CALL FOR APPOINTMENT
EXPIRES 6/12/85

**COUPON
MONROE
GAS CHARGED
SHOCK ABSORBER
\$21.95 EACH**
Plus Installation
EXPIRES 6/12/85



WE HONOR: FIRESTONE CHARGE - VISA - MASTERCARD - AMERICAN EXPRESS - CARTE BLANCHE - B.F. GOODRICH - DINERS CLUB

1101 E. Foothill Blvd. • Upland • 981-8791
BEHIND MISSION CAR WASH • OWNED & OPERATED BY MISSION CAR WASH • HOURS: MON-SAT 8-5

FIRESTONE CREDIT CARD - MASTER CARE CENTER

Football-sized liver is body's refinery

By Carol Roberts
Copley News Service

Have you ever really thought about your liver? Do you know where it is and what it does? If the answer is "no," it is not surprising. Most people take the liver for granted, not realizing that it performs thousands of functions essential for life.

This largest organ, the size of a football, is responsible for the performance of over 5,000 functions, according to the American Liver Foundation. It often is referred to as the body's refinery because everything we eat, breathe and absorb through our skin is processed by the liver.

The liver converts the food we eat into stored energy and regulates the release of it as necessary. The liver acts as a filter to remove alcohol and toxic poisons from the blood and converts them to substances that can be excreted in the bile. It receives and modifies medications, enabling the body to use them effectively and ultimately dispose of them.

Without your liver to make vitamin K and clotting factors, uncontrolled bleeding could occur from a small laceration. Without it, the hormones that sustain life would be uncontrolled and immune factors, the body's defense mechanism, would be missing. The slightest infection, such as a cold, could create a life-threatening situation.

These are just a few of the thousands of functions the liver performs daily. There is still a great deal to be learned, but two things are certain: The liver is vital for the body's normal operation and an unhealthy liver affects the quality, and in many cases the length, of one's life.

How does one go about keeping the liver healthy and determining when something is wrong with it?

The best way to take care of the liver is with moderation. Avoid liver "overload." Do not take medicines unnecessarily. Be cautious about mixing drugs; in particular, alcohol and "over-the-counter" or prescription medicines do not mix well. If you drink alcoholic beverages, drink in moderation. Also, avoid exposure to industrial chemicals and pollutants whenever possible. Maintain a healthful, balanced diet.

Not all liver problems are caused by alcohol or drugs. Cirrhosis, a condition in which damaged liver cells are replaced by scar tissue that interferes with normal liver function, CAN be caused by excessive drinking over an extended period of time.

Liver diseases have become the country's fourth leading cause of death for people between the ages of 15 and 65.

Public Notice

FICTITIOUS BUSINESS NAME STATEMENT
The following persons are doing business as:
FAIRWAY MOBILE ESTATES at 55524 Yucca Trail, Yucca Valley, Calif. 92284
Rubber Sales & Engineering,

Public Notice Cont.

a Corp., 8034 E. 4th St., Downey, Calif. 90241 (a California corporation)

This business is conducted by a corporation.
RUBBER SALES & ENGINEERING, a Corp.
By: /s/FAY PAISO
Secretary

This statement was filed with the County Clerk of San Bernardino County on April 25, 1985.

File No. FBN 69714
EXPIRES Dec. 31, 1990
Publish: May 23, 30; June 6, 13, 1985
Upland News
F26141 (DC5749)

NOTICE INVITING BIDS

Notice is hereby given that the City of Upland will receive sealed bids for the following:

CONSTRUCTION OF SWITCHBOARD RE-PLACEMENT 15TH STREET PUMPING STATION (Project No. 144-84-4)
Specifications and bid blank may be obtained in the Purchasing Department, 460 N. Euclid

Public Notice Cont.

Avenue, Upland, California. Bids must be returned before 2:00 p.m., June 12, 1985, at which time said bids will be opened and publicly read in the City Hall, Upland, California.

The City Council of the City of Upland reserves the right to reject any and all bids, to accept a minor variance in a bid, to reject and/or waive a variance in a bid, to waive any informality in a bid or accept the bid or bids that best serves the interest of the City.

/s/S. LEE TRÄVERS
City Manager
City of Upland
Publish: May 30; June 6, 1985
Upland News (DC6562)

FICTITIOUS BUSINESS NAME STATEMENT

The following person is doing business as:
DESIGNERS LAMP at 1551 Howard Access Rd., Unit C, Upland, CA 91786
Sang Chul Ahn, 5013 Arden Dr., Temple City, CA 91780
This business is conducted by

Public Notice Cont.

an individual.
/s/SANG C. AHN

This statement was filed with the County Clerk of San Bernardino County on May 20, 1985.

File No. FBN 70211
EXPIRES Dec. 31, 1990
Publish: June 6, 13, 20, 27, 1985
Upland News
F26241 (DC7452)

FICTITIOUS BUSINESS NAME STATEMENT

The following person is doing business as:
DANCIN' WHEELS at 1383 Norwood Ct., Upland, Calif. 91786

Janet G. Gollhardt, 1383 Norwood Ct., Upland, Calif. 91786
This business is conducted by an individual.

/s/JANET G. GOLLHARDT
This statement was filed with the County Clerk of San Bernardino County on May 13, 1985.
File No. FBN 70066
EXPIRES Dec. 31, 1990
Publish: June 6, 13, 20, 27, 1985
Upland News
F26475 (DC7397)



Experience Life's Most Precious Moment At San Antonio.

During that special time when you have your child, you want to feel you are in the best possible hands. The most comfortable place for you and your newborn is San Antonio Community Hospital where highly trained professionals care for you in a beautiful environment. Our Short Stay Maternity Program can actually save you money. Costs may vary according to your length of stay. And you have the peace of mind of knowing that your precious moment is protected. Call today for complete details on our Cost-Saving Maternity Program.



**SAN ANTONIO
COMMUNITY HOSPITAL**

999 San Bernardino Road Upland, California
714/985-2811

Public Notice

NOTICE OF TRUSTEE'S SALE

No. 51074/Kharrazi
YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED June 5th, 1980. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On June 13th, 1985, at 11:30 A.M., Consolidated TD Services, a California corporation as duly appointed Trustee under and pursuant to Deed of Trust recorded JUN 13 1980, as inst. No. 80-135679, of Official Records, executed by: Mohammad Amini Kharrazi and Joan Amini Kharrazi, husband and wife, as joint tenants as trustee(s), in the office of the County Recorder of San Bernardino County, State of California, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) at: the north entrance to the San Bernardino County Courthouse, 351 North Arrowhead Avenue, City of San Bernardino, State of California all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as:

Lot 43, Tract No. 7289, in the County of San Bernardino, State of California, as per Map recorded in book 92 of Maps, page(s) 31 and 32, in the Office of the County Recorder of said County.

The street address and other common designation, if any, of the real property described above is purported to be: 180 West 23rd Street, Upland, California 91786.

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$30,486.42.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.

Date: 05-22-85.

TRUST DEED

AGENCY
TRUSTEE
By:/s/PATTY
LE BRUN
Branch Manager
600 N. Mountain Ave.
Suite C200
Upland, CA 91786
(714) 946-4246

Publish: June 6, 13, 20, 1985

Upland News (DC7395)

NOTICE OF TRUSTEE'S SALE

No. E-2240
YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED May 28, 1981. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On June 27, 1985, at 11:30 o'clock a.m., at the main entrance to the County Courthouse, 351 North Arrowhead Ave., San Bernardino, California EQUITABLE DEED COMPANY, as duly appointed trustee under the deed of trust dated May 28, 1981 made by PAUL ZAMORA AND DIANE D ZAMORA recorded on JUNE 3, 1981 Instrument No. 81-121809 of Official Records in the office of the County Recorder of San Bernardino County, California, by reason of default in the payment or performance of obligations secured thereby, a Notice of Default and Election to Sell Under Deed of Trust having been recorded as provided for by law and more than three months having elapsed since such recordation, will sell at public auction to the highest bidder for cash, payable in lawful money of the United States at time of sale, without covenant or warranty, expressed or implied as to title, possession or encumbrances, the interest conveyed to and now held by it under said Deed of trust, in and to the property in San Bernardino County, State of California, described as:

Lot 22, Tract No. 9155, in the City of Upland, as per plat recorded in Book 133 of Maps, Page(s) 15 to 17, inclusive, records of said County.

The street address and other common designation, if any, of the real property described above is purported to be: 1623 REDWOOD WAY, UPLAND, CALIF. 91786.

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. A detailed description of the property at whose request the sale is to be conducted. The name and address of the beneficiary is: SECURITY CAPITAL NATIONAL BANK, 333 S. BEAUDRY AVE., LOS ANGELES, CA. 90017, SPECIAL ASSETS DEPT. W28-51, ATTN: BEVERLY REICHICK, PHONE NO. (213) 580-2227.

Said sale will be made to pay the obligations secured by said Deed of Trust including all costs, fees and expenses of trustee and of the trust created by said Deed of trust estimated to be \$1,102.25; all sums expended under the terms of said Deed of trust, not then repaid; and \$34,728.84 remaining principal of the note secured by said Deed of trust, with interest from 4-8-84 as in said note provided.

Dated: May 24, 1985.

EQUITABLE DEED COMPANY as Trustee

By:/s/EDWINTA C.

NOTICE OF TRUSTEE'S SALE TRUSTEE SALE NO.

85-1021
YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 08-17-84. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On 06-27-85 at 11:30 A.M. TRUST DEED AGENCY as the duly appointed Trustee under and pursuant to Deed of Trust, Recorded on 08-24-84 as Document no. 84-202360 Of Official Records in the office of the Recorder of SAN BERNARDINO County, California, executed by: ROBERT P. VILLARREAL & BONNIE M. VILLARREAL, HUSBAND AND WIFE AS JOINT TENANTS WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH, (payable at time of sale in lawful money of the United States) AT THE MAIN ENTRANCE TO THE COUNTY COURTHOUSE, 351 NORTH ARROWHEAD AVENUE, SAN BERNARDINO, CA 92401 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, California describing the land therein:

LOT 10, ACCORDING TO MAP OF C.P. LYNDALL'S SUBDIVISION OF LOT 176, ACCORDING TO MAP OF ONTARIO, IN THE CITY OF UPLAND, IN THE COUNTY OF SAN BERNARDINO, STATE OF

CALIFORNIA, AS PER

BOOK 5, OF MAPS, PAGE

82, IN THE OFFICE OF

THE COUNTY RECORDER

OF SAID COUNTY.

The street address and other common designation, if any, of the real property described above is purported to be: 693 EMERSON STREET, UPLAND, CA 91786.

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$30,486.42.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.

Date: 05-22-85.

TRUST DEED

AGENCY
TRUSTEE
By:/s/PATTY
LE BRUN
Branch Manager
600 N. Mountain Ave.
Suite C200
Upland, CA 91786
(714) 946-4246

Publish: June 6, 13, 20, 1985

Upland News (DC7395)

NOTICE OF TRUSTEE'S SALE

No. E-2240
YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED May 28, 1981. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On June 27, 1985, at 11:30 o'clock a.m., at the main entrance to the County Courthouse, 351 North Arrowhead Ave., San Bernardino, California, EQUITABLE DEED COMPANY, as duly appointed trustee under the deed of trust dated May 28, 1981 made by PAUL ZAMORA AND DIANE D ZAMORA recorded on JUNE 3, 1981 Instrument No. 81-121809 of Official Records in the office of the County Recorder of San Bernardino County, California, by reason of default in the payment or performance of obligations secured thereby, a Notice of Default and Election to Sell Under Deed of Trust having been recorded as provided for by law and more than three months having elapsed since such recordation, will sell at public auction to the highest bidder for cash, payable in lawful money of the United States at time of sale, without covenant or warranty, expressed or implied as to title, possession or encumbrances, the interest conveyed to and now held by it under said Deed of trust, in and to the property in San Bernardino County, State of California, described as:

Lot 22, Tract No. 9155, in the City of Upland, as per plat recorded in Book 133 of Maps, Page(s) 15 to 17, inclusive, records of said County.

The street address and other common designation, if any, of the real property described above is purported to be: 1623 REDWOOD WAY, UPLAND, CALIF. 91786.

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. A detailed description of the property at whose request the sale is to be conducted. The name and address of the beneficiary is: SECURITY CAPITAL NATIONAL BANK, 333 S. BEAUDRY AVE., LOS ANGELES, CA. 90017, SPECIAL ASSETS DEPT. W28-51, ATTN: BEVERLY REICHICK, PHONE NO. (213) 580-2227.

Said sale will be made to pay the obligations secured by said Deed of Trust including all costs, fees and expenses of trustee and of the trust created by said Deed of trust estimated to be \$1,102.25; all sums expended under the terms of said Deed of trust, not then repaid; and \$34,728.84 remaining principal of the note secured by said Deed of trust, with interest from 4-8-84 as in said note provided.

Dated: May 24, 1985.

EQUITABLE DEED COMPANY as Trustee

By:/s/EDWINTA C.

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TRUSTEE
By:/s/PATTY
LE BRUN
Branch Manager
600 N. Mountain Ave.
Suite C200
Upland, CA 91786
(714) 946-4246

Publish: June 6, 13, 20, 1985

Upland News (DC7395)

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Lot 22, Tract No. 9155, in the City of Upland, as per plat recorded in Book 133 of Maps, Page(s) 15 to 17, inclusive, records of said County.

The street address and other common designation, if any, of the real property described above is purported to be: 1623 REDWOOD WAY, UPLAND, CALIF. 91786.

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Dated: May 24, 1985.

TRUST DEED

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By:/s/PATTY
LE BRUN
Branch Manager
600 N. Mountain Ave.
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Upland, CA 91786
(714) 946-4246

Publish: June 6, 13, 20, 1985

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Lot 22, Tract No. 9155, in the City of Upland, as per plat recorded in Book 133 of Maps, Page(s) 15 to 17, inclusive, records of said County.

